The Middlebury Campus

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JOHN SOMMERS II

The field hockey team won its third NCAA national champshionship after beating top-ranked Messiah 4-0. Page B1.

Chili Fest Suspended, Citing Construction and Fatigue

By REBECCA WALKER
Local Editor

The anticipated 10th year of Middlebury's Chili Fest has been squashed, as the Better Middlebury Partnership (BMP) announced the difficult decision to temporarily suspend the celebratory event and replace it with a new "Winter Fest" this year instead.

Karen Duguay, marketing director of BMP, cited the installation of temporary bridges and the feedback the event organizers had received from vendors as the main factors in this decision. She explained that the temporary bridges have resulted in steeper hills and a narrow roadway, which is not conducive to setting up tents and tables.

"I think that the start of construction has caused some nervousness among restaurants and shop owners. The more we can all support those businesses, now and throughout the project, the better!" Duguay said.

According to Duguay, Chili Fest vendors have reported feeling burned out by the event. Although fun and conducive to community building, the event requires extensive time and financial commitments from local restaurant competitors year after year.

"Without vendors who can make a lot of chili and staff their booths, we really don't have an event," Duguay commented. "We'll figure out if it's an event that can come back based on the downtown landscape and the feelings of restaurants and other vendors."

Since announcing the temporary suspension of the event, organizers of BMP have received some disappointed responses. They hope to respond to the complaints with Winter Fest in February and another new event in April.

"People are understandably disappointed. It's such a fun annual event in Middlebury with the streets closed off and everyone out enjoying chili, music and friends," Duguay said. "We're planning to host a block party in April to try and retain some of those things we all loved, but in a more local-to-Middlebury way, versus the Chili Fest that has had a more statewide appeal."

Before April, disheartened chili-eaters will also have the opportunity to celebrate the inaugural Winter Fest that will serve as a replacement for Chili Fest on Saturday, Feb. 24, from 12 p.m. to 7 p.m. This new celebration will consist of things like skating, snow sculpture contests for teams, obstacle courses, nature walks, relay races, food, music, snowman building and more, according to Duguay. After Winter Fest, which will be held at Middlebury's Recreation Park, there will be a pub crawl with food and beverages from local restaurants.

"Winter Fest will be a celebration of all things winter in Middlebury. ... Our intention for Winter Fest is that it becomes an event that can hold different [types of] appeal to everyone," said Duguay.

The marketing director explained further that the daytime events of Winter Fest are targeted mostly toward families, while the evening pub crawl should appeal to adults. When the event starts to grow, the organizers will expand the festivities to span over a few days and make the crowd base larger. The Middlebury Winter Fest is modeled on a Winter Fest in Rutland that is several days long, according to Duguay.

Although Winter Fest promises success, there is still hope for the return of the Chili Fest in later years when participants and organizers are ready to take on the added festivities. The current event organizers will need committed people to help them plan the event if it is to be brought back, and the restaurants and vendors will have to be willing and excited to participate as well.

"I'm hoping that taking a break from the event will let everyone recharge and then be more energized for it when the construction is over," Duguay commented.

For anyone eager for a winter community event in the near future, Duguay noted that Midd Night Stroll will take place on Thursday, Dec. 7, from 5 p.m. to 8 p.m. This night includes shopping with discounts, pop-ups and free tastings, and typically brings college students together with the rest of the community.

Duguay notes that the Middlebury community relies on college students. BMP can always use the help of students in planning special events like Chili Fest or Winter Fest and in fostering community development in general.

"I think the most important thing that college students can do is [to] support local businesses," Duguay said.

Students, Administrators Share Reactions to Town Hall

By SARAH ASCH
Features Editor

After a tense town hall meeting in Mead Chapel on Wed., Nov. 8, students and administrators continue to work to address the issues that face the Middlebury Community. The town hall, which was co-sponsored by President Laurie Patton, the Student Government Association (SGA) and the Black Student Union (BSU), came in the wake of several racially charged incidents including violent graffiti in a classroom and a case of alleged racial profiling. SGA President Jin Sohn '18, who helped organize the event, said she feels that the town hall was "able to serve its purpose for some people and not for others" because everybody attended the meeting with different hopes and expectations. "Some members of our community came to the meeting looking for answers Senior Leadership Group (SLG), while others came to voice their opinions and provide personal testimonies to the racial tensions on campus, and others may have come to listen and learn," she said.

Sohn was heartened to see so many people in attendance. "The most important thing we can do as a community is to show up," she said. "That is the only way that we'll be able to actually learn from one another and try to understand what members of our community are experiencing."

However, Sohn also acknowledged that not everybody could attend the meeting, both because of time constraints and because of the emotional toll that events such as the town hall can take. "I understand that some students couldn't attend because of other priorities or simply because the nature of these conversations are very draining," she said. "I respect both and other situations, and I still firmly believe that there are multiple ways to contribute to efforts and to engage in ways that might not be in the typical form of conversations."

Vee Duong '19 attended the meeting, and she agrees that events such as this one can be emotionally exhausting for students. She also pointed out that many students showed up to speak, despite the challenges. "We witnessed the brave vulnerability of students who are already facing intense emotional and mental burdens from the events of this semester and those passed," she said. To Duong, this meeting was emblematic of the wider dynamic between students and administrators. "On one hand, we have strong and courageous students putting their emotional and mental health on the line in order to voice their opinions about the racialized systems that are repeatedly, relentlessly inflicting harm upon them," she said. "On the other hand, we have 'the College,' who is beginning to hear these distressed voices, to slowly put real faces to the damage and hurt that is caused by a system that is hundreds of years old, and [who] can only approach the problem with a doubled sense of half-defensiveness, half-humility."

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Cryptic Email Invites Community to Off-Campus Speech

By WILL DIGRAVIO
Managing Editor

At half past three on Tuesday afternoon, the Middlebury community received a widespread email invitation to attend an event featuring a "renowned conservative activist," and hosted by The Preservation Society, a group whose origin and membership is unclear.

Though the group, which is "committed to bringing freedom of speech back to Middlebury College," claimed to be comprised of Middlebury students, no such group exists in any official capacity at the college.

"We are unaware of any student group called The Preservation Society, which was named in the email as a host for the event," said college spokesman Bill Burger in an email to the community later that evening. "No one claiming to represent such an organization has approached the college with a request for recognition as a student organization."

The event, which as of press time Tuesday evening is scheduled to be held on Thursday, Nov. 30, is a speech by James O'Keefe, the founder of Project Veritas, an organization that aims to undermine the work of mainstream media organizations and left-leaning groups. It will be held at the Marriott Courtyard hotel in Middlebury and is not affiliated with the college or any official student group on campus.

"It is unfortunate that this email made it through the college's spam filters," Burger said. "Middlebury College has nothing to do with this event. Mr. O'Keefe has chosen to travel to town to pursue his own political and personal agenda."

O'Keefe began the week in national headlines. On Monday, the Washington Post exposed a failed attempt by O'Keefe's organization to feed a false story to the newspaper in order to discredit women who have accused Roy Moore, the Republican nominee for Alabama's vacant Senate seat, of sexual misconduct. A woman employed

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Faculty for Inclusive Community Discuss Vision For College

By NICK GARBER and ELIZABETH SAWYER
News Editors

Last March, student-led protests of Charles Murray garnered nationwide media coverage, much of which fell into an ongoing debate over the state of free speech on college campuses. Of particular note was "Free Inquiry on Campus," a statement of principles first published in The Wall Street Journal in March and signed by over 100 Middlebury faculty, which emphasized a commitment to free speech and condemned the protests as "coercive."

In the weeks that followed, however, another faculty group emerged, which framed the debate in decidedly different terms. A caucus of several dozen faculty members, calling themselves the Middlebury Faculty for an Inclusive Community, first announced its formation in a May op-ed in The Campus, which outlined the group's principles.

The statement includes a call for "active resistance" against discrimination, and a defense of civil disobedience as "a necessary means to reorganize and redefine the values and relationships that make up a community." While stressing the importance of both freedom of speech and inclusivity, the caucus asserts that "such freedom comes with the obligation that it be exercised responsibly, especially when offering the platform of our campus to outside speakers who may undermine our culture of inclusivity — symbolically or otherwise."

The group has since submitted two additional op-eds. The first, in September voiced sup-

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Special Feature: Mindfulness Efforts on Campus

By ELIZABETH ZHOU
Editor-At-Large

It is near impossible to talk about stress on college campuses without also encountering the term "mindfulness." Among the biggest buzzwords circulating mainstream media and higher education these days, mindfulness refers to a state of mind, a mode of interacting with the world and with our own thoughts. This nonjudgmental awareness of the present moment is typically achieved through contemplative practices that draw from major world religions and spiritual traditions. For many, mindfulness is a vehicle for well-being.

"Mindfulness is being present to the activities of our days by checking in with the purest manifestation of them: the here and the now," Mark Orten, Dean of Spiritual and Religious Life at the College, explained. "It is not a time out or an absence from them. While mindfulness practices may be experienced as a relief, it is not like going on vacation and then coming back to all the same stuff. Rather, it is clarifying our vision and our power in a way that engages everything else more effectively and more truly."

"Mindfulness is a way of relating to the world that leads to wellbeing. Mindfulness isn't always pretty," Brian Tobin, a Graduate Counseling Intern at Parton Health Center, added. "It makes you more aware of what your life experiences are. That increase of presence, in some ways, slows the process down. It takes the frenetic, rushing, stressed way that academia condones or expects, almost, and slows it down. It gives the individual a little bit more space to really feel what's going on, to be with the good, the bad, the challenging."

So, what does mindfulness – this abstract and often misunderstood concept – actually look like in practice? For some, mindfulness may consist of structured activities, such as guided meditation or yoga classes. Others may engage in a few minutes of silence each day, without commitment to a particular technique or religious practice.

Embracing the concept of mindfulness does not necessarily require a drastic makeover of our own lives. We can bring mindful attention to typically "mindless" activities, such as brushing our teeth, drinking coffee or taking a shower. Rather than turning automatically to our phone screens while stuck in line, we can take the opportunity of a few unstructured minutes to notice our surroundings and connect with our own breath.

"It's a posture toward the world which I suppose everybody has the capacity for, but you have to cultivate it," Tim Spears, Vice President for Academic Development, explained. "You have to pay attention."

MINDFULNESS INITIATIVES AT MIDDLEBURY

Middlebury's institutional engagement with mindfulness began in the spring of 2015, as grant proposals had showed widespread interest in the concept. That summer, Spears appointed 16 colleagues and students across Middlebury's institutions to form the Mindfulness

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EMMA STAPLETON/MIDDLEBURY CAMPUS

The tree on the lawn in front of Mead Chapel was lit up for the first time this season on Monday night. Page A2.

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Men's basketball wins first four games
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History Department Changes Requirements, Makes Thesis Optional

By JAMES FINN
Features Editor

The history department is instituting a number of changes to the requirements for the history major.

The department has transformed the history 600 writing seminar, added a number of 400-level seminars and is working towards offering an optional honors thesis as opposed to the current mandatory one, according to department chair Darién Davis.

Davis said that the changes are the product of several months of deliberation and discussion among the history faculty.

"The department voted last year to make these changes and we spent the summer and the fall semester discussing and debating these changes," Davis said. "External grants and initiatives will help us offer new seminars, but the changes have also given the faculty an important opportunity to think about and discuss what we do as historians and what it means to be a historian in the 21st century."

Davis said that the implemented changes were the result of faculty conversations about the evolving role of historians in present day.

"We are restructuring our curriculum to offer more flexibility and variety, thinking more broadly of the evolving role of the historian in the 21st century," Davis said. "We believe that the craft of the historian, learning about the past and understanding how to craft narratives and arguments based on evidence remains critical to liberal arts education no matter what fields students pursue after graduation."

According to Davis, the most substantial of the changes to the major requirements will be the transition from the honors thesis being a required component of the major to being optional.

Davis said that the required thesis has been in place in the department since the 1960s. "We have redesigned the thesis requirement so that students do not feel obliged to write a thesis," he said. "Students with great ideas who find sources that they want to explore over two semesters can still propose to write a thesis after they have taken 600, and have had the experience of writing a paper which is the equivalent of a published historical article."

The changes made in the history 600 writing seminar will lead to the seminar being open to all juniors and seniors. The seminar will be required by history majors. "In this CW course called Writing History, students learn about the craft of writing history and work on creating a historical narrative under the direction of a faculty member," Davis said.

The department has also added new 400-level seminars, which are open to all students except classes designated for juniors and seniors. "These topically based seminars all involve reading and analyzing texts, discussions, student presentations and writing or producing a final project," Davis said. "The history department will typically offers four types of seminars: seminars on a topic within a given country or region; global or transnational seminars, digital humanities seminars and public history seminars. Seminars are open to all students except those designated for seniors and juniors."

"We hope to continue to question and refine our requirements and our pedagogical practices. We also want to continue to offer digital history courses and courses that deal with public history," Davis said. "Yet our introductory courses and elective options on the 200 and 300 levels will continue to provide excellent opportunities for students to engage in history. Historians respond well to the present moment by asking questions about origins.... History is by nature multidisciplinary and so we will continue to offer courses on food, colonialism, popular culture [and] genocide as we trace the human experience," Davis said.

Students Distance Themselves From Speaker

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by Project Veritas approached the Post and falsely claimed that Moore impregnated her when she was 15 and talked her into having an abortion.

Last month, the Leadership Institute, an organization that "teaches conservatives of all ages how to succeed in politics, government, and the media," reached out to several Middlebury students about potentially bringing O'Keefe to speak at the college in November. The students discussed the possibility with the Leadership Institute and with college administrators. Per interim college policies introduced this September, those wishing to host an event must submit a request three weeks prior to the date of the event. Because the group failed to meet that deadline, the college said they could not accommodate the event until January of next year.

However, shortly after missing that deadline, the group of students that had been contemplating whether to bring O'Keefe to campus decided to dissociate themselves from the event completely and not go through with having him speak in January. Multiple students involved in those discussions declined to comment on the record for this article, citing a desire not to be associated with Thursday's event.

According to those involved, the Leadership Institute decided to fund O'Keefe's trip to Middlebury anyway, and have him speak at the Marriott to interested students and community members.

In an email to their membership, the executive council of the college's American Enterprise Institute (AEI) club said they did not support the event and that it was "likely an attempt to embarrass students." It was the college's AEI club that invited Charles Murray to speak at the college in March of this year. Murray's lecture was heavily protested by students and received nationwide coverage.

"Project Veritas is known for using hidden cameras and other underhanded tactics to create videos for their donors and take down institutions. This individual was brought in by the Leadership Institute," read the club's email.

Their email also urged students to "proceed with extreme caution" if they are contacted by Emily Faulkner, who is the Northeast Regional Field Representative for the Leadership Institute

"She is a paid staff member of the Leadership Institute who has tried to set up a fake student org called 'The Preservation Society,'" read the email. "This org has no Middlebury Student members and no index to reserve space on campus. AEI does not support and is not involved with any of their events or actions. Please report any incidents involving individuals claiming to be part of the Preservation Society operating on college property to Public Safety."

Burger told The Campus that the college was contacted by Emily Faulkner about the event. Faulkner, according to her biography on the Leadership Institute website, works "as a full-time paid activist that identifies, recruits, and mobilizes students on college campuses to promote the ideals of a free society."

According to Burger, Faulkner told him on Tuesday that students involved with The Preservation Society plan to request official recognition as a student organization after the upcoming holiday break. He said he did not know the names of any students involved and that they did not yet appear to have an advisor, a requirement for all student organizations. Faulkner told Burger she is helping recruit members for the new organization.

Faulkner did not respond to a request for comment in time for publication.

The email announcing O'Keefe's speech included a link to The Preservation Society's website, which, as of Tuesday evening, is comprised only of a single form urging students to join.

Also included on the web page is a link to Facebook and Twitter pages. It is unclear when the Facebook page was made, but as of Tuesday evening it had zero likes. A profile picture and cover photo were added on Monday, Nov. 27. The Twitter page was created this month, and as of Tuesday evening had no tweets or followers and was following no other accounts.

A Campus reporter filled out a form on the organization's webpage requesting comment for this article, but did not receive a response in time for publication.

Any additional coverage or updates to this article may be found online at www.middleburycampus.com.

EMMA STAPLETON/THE MIDDLEBURY CAMPUS
Snow covers the ground in front of Mead Chapel on a sunny day this week.

Community Discusses Mindfulness Initiatives

(Continued from Page A1)

Steering Committee. Erin Quinn, Director of Athletics, and Michelle McCauley, Professor of Psychology, served as co-chairs of the committee. Additionally, an In-House Advisory Committee, composed of 21 faculty and administrative members with a vested interest in mindfulness, assisted the Steering Committee in framing inquiries and synthesizing information.

"There was some suspicion, I think, about why the administration was now interested in mindfulness," Spears noted. "There had been a number of stress-related issues that had come up over the course of the year, and now all of sudden, the administration was grasping for answers, and mindfulness was the latest and greatest solution."

Over the 2015-2016 school year, members of the Mindfulness Steering Committee met regularly to examine Middlebury's broad approach to mindfulness and to discuss areas of potential growth. Their formal report, submitted in the fall of 2016, identified venues and structures supporting mindfulness within the institution, as well as opportunities to expand on education and resources in the future.

"The need to provide students and colleagues with tools to be less reactive and more contemplative has never been clearer than in the past 18 months," the report stated, "as we have dealt with concerns of student stress and the need to fully embrace and manifest our commitment as an inclusive institution."

Spears acknowledges that the announcement of mindfulness initiatives two years ago may have been a cause for confusion or skepticism.

"Here at Middlebury, when you call something an initiative and you say you're going to focus on it, well, you've raised the stakes," he said. "So people were making jokes like, 'Now we're going to go out and crush mindfulness.' Which, of course, is an attitude that is sort of at odds with mindfulness."

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Tree Behind Old Chapel is Lit

By ELAINE VELIE
News Editor

The tree on the main quad behind Old Chapel was lit up for the first time this season on Monday night.

Power was first brought out to the tree in 1984, and the lights have been strung each year since. "Jack Dapsis, our electrician, began decorating that particular tree, and he continues to do so to this day," said Luther Tenny, assistant director of facility services.

The tree, a 45-foot Norway spruce, takes just over a day to decorate. "We have what we call our 'man lift,' a lift on wheels, that we drive out there and string the lights," said Tenny.

The lights go up around Thanksgiving and are taken down in January or February.

"I always look forward to the lights going on the tree and it helps with the stress of finals, even if it's just a little bit," said Julia Hower '19.

The candles in the windows of Old Chapel go up earlier. "That tradition started around 1998 after the renovation of Old Chapel. And those are LED bulbs in those, so those don't use much for energy and last quite a long time," said Tenny. The lights on the tree, however, are not LED. "At some point we'll convert them over," Tenny said.

Middlebury played an important role in the history of Christmas trees. In 1923, the college presented President Calvin Coolidge with a tree from his home state of Vermont to be the first national Christmas tree. The national tree stands on the Ellipse, next to the White House.

Although since replaced by other trees, the president has lit the national Christmas tree every winter since 1923 at a large ceremony called the national Christmas tree lighting.

At 48 feet tall, the first national Christmas tree resembled the tree on the quad.

Faculty Caucus Defends Student Protestors, Advances Reforms

(Continued from Page A1)

port for Addis Fouche-Channer '17, following a report by The Campus into her racial profiling claim against a Public Safety officer. The second condemned the racially-charged imagery found on a chalkboard in Munroe Hall earlier this month, and called upon senior administrators to apologize to Fouche-Channer and withdraw the September finding by the Title IX office that a preponderance of evidence indicated she had attended the Murray protests.

Today, the caucus exists primarily in the form of an email list, which comprises roughly 50 faculty members. Jason Mittell, a professor of film and media culture who serves as a spokesman for the group said that many members shared a belief that the dominant narrative unfairly portrayed the protests as an unqualified violation of free speech.

"People started gathering into an affinity group of faculty who were concerned about students, and were dismayed by the PR push to frame everything as a free speech issue," Mittell said. "That began a series of emails which then turned into an email list which then turned into more of an organization."

The Free Inquiry statement published in the Journal was a particular cause of dissatisfaction. Some faculty nicknamed the document "The Loyalty Oath," because of what they viewed as an unfair assumption that a decision not to sign constituted an ideological statement against the principles of free expression.

"The way many in the college community understood that statement was either you sign it, or you're actively not signing it," Mittell said. "A number of us, myself included, were really put off by that, not necessarily because there was anything wrong with the principles in the abstract, but in the practicality it felt like that was not the right response," Mittell said.

"The events of March 2 were multifaceted," said Maggie Clinton, a history professor also on the caucus. "As many have noted, they were as much about race and power on and off campus as they were about free speech, but the free speech aspect has received by far the most national attention."

In that vein, the first active step taken by the caucus was to successfully oppose a motion introduced at a faculty meeting in April to add a "Freedom of Expression Policy" to the College handbook — a step viewed by members of the caucus as premature.

"I think most of us thought this was way too soon — it was forcing things and it was really a divisive wedge," Mittell said. "I think that's when this group formed into something more than just a series of dispersed emails, and [instead] said collectively, 'Can we come up with a strategy to push back against this?' "

Of the 50 faculty members on the caucus's email list, only 23 are listed on the group's website, which can be accessed at go.middlebury.edu/inclusivecommunity. Mittell believes that some members are hesitant to state their involvement because other faculty have discouraged them from getting involved.

"There have been instances where we know of untenured faculty members who have gotten pressure from colleagues being told not to be too outspoken about political issues on campus," he said.

While Mittell is not aware of explicit threats concerning tenure, he thinks the nature of the system forces faculty to be careful in this regard.

"Part of the whole tenure system is it's a gauntlet that you have to run, and depending on your department and who's on the college-wide tenure committee, there can be a sense of risk aversion," he said.

The caucus plans to pursue a multifaceted approach by working with faculty, students and the town of Middlebury to achieve its aims.

"This isn't just about what happens on our campus. This is about what's happening to faculty, staff and students in town," said Shawna Shapiro, a professor in the linguistics program who is a member of the caucus.

"We've been having some discussion about how to work with groups like SURJ [Showing Up for Racial Justice], which is a community-based group focused on racial justice, to think about ways for us to more directly talk with the town about issues of concern... instead of expecting the college to be our spokesperson," she added.

The caucus is also considering offering a variety of events on campus next semester.

"There's talk of doing a teach-in in the spring, there's talk of sponsoring a series of lectures or more of a symposium event," Mittell said.

"And maybe doing some more vocal protests that might involve students, or something more public to galvanize the energy and focus the discussion." Shapiro added.

The caucus took what Mittell describes as its first "proactive" steps on Nov. 3, by presenting recommendations to the administration in a motion entitled "Moving Forward On Diversity Practices." The motion passed with 113 faculty voting in favor, eight against, and one abstaining.

"Behind the scenes, members of our group had met with members of the administration and student groups, had done things to try to provide support and engage issues, but that was our first attempt to say these are four concrete things that we believe can be done which we think will help move us forward," Mittell said.

"While statements of support and denunciation remain important, we have to go beyond words," said Usama Soltan, a professor of Arabic, and another caucus member. "In the absence of clear and tangible progress on such issues, statements eventually start to ring hollow."

As a result of the motion's passing, the recommendations went to the administration for review and potential implementation. Given the stated support of several administrators, multiple caucus members expressed an expectation that the administration will pursue all of the components.

College Announces Food Waste Program

By BRIDGET COLLITON
Local Editor

MIDDLEBURY — At a press conference on Thursday, Nov. 16, at Middlebury College's Kirk Alumni Center, the college announced its partnership with Goodrich Family Farms of Salisbury, Vermont, Vanguard Renewables and Vermont Gas. Goodrich Family Farms and Vanguard Renewables will work together to use cow manure and food waste to produce renewable natural gas via an anaerobic digester.

The college will work with the two enterprises to gain a sustainable energy source and to reduce its own food waste, helping it to achieve its sustainability goals.

An anaerobic digester will be built by Vanguard Renewables on Goodrich Family Farms's property and will turn the cow manure provided by the farm and food waste from the community into an energy source. The digester located at the Goodrich farm is posed to produce the most renewable natural gas of any digester in Vermont.

In addition to purchasing the bulk of the power generated by the digester, the college will provide some of its food waste for the digester to use as fuel.

"We are constantly looking at new ways to make our energy sources more sustainable and diverse, and the digester project is a great opportunity to do that," said college treasurer David Provost.

Goodrich Family Farms is a dairy farm and member of the Agri-Mark Cabot Creamery Cooperative in Salisbury, Vermont. The farm has been family-operated for four generations. Chase Goodrich, the fourth generation to operate the farm, has been a driving force behind the project.

"We want to diversify our income sources and find new ways to be environmentally friendly. Here in the Champlain Valley, we're particularly aware of efforts to reduce phosphorus runoff into Lake Champlain," Goodrich said in a press conference.

Vanguard Renewables, a firm based in Wellesley, Massachusetts, works with farmers to help them reduce their energy costs through the firm's anaerobic digester program. Non-farm waste, like the college's food waste, is delivered to the farms in sealed trucks and is then combined with the farm's waste, namely animal manure, and put into a biodigester tank at the farm. Vanguard currently operates three other generators in Massachusetts.

Vanguard Renewables works directly with farms in order to help them reduce their energy costs by utilizing the waste they produce, including cow manure and food waste. The biodigester tank reportedly reduces greenhouse gas emissions by 85 percent, according to the Vanguard Renewables website.

"The Vanguard Renewables Farm Powered Organics to Energy Anaerobic Digester program offers farmers relief from rising energy costs and manure disposal challenges," Vanguard Renewables' website states.

"We're especially excited about this project because it's our first partnership with a college and our first digester in Vermont," said executive chairman of Vanguard Renewables John Hanselman in a press conference.

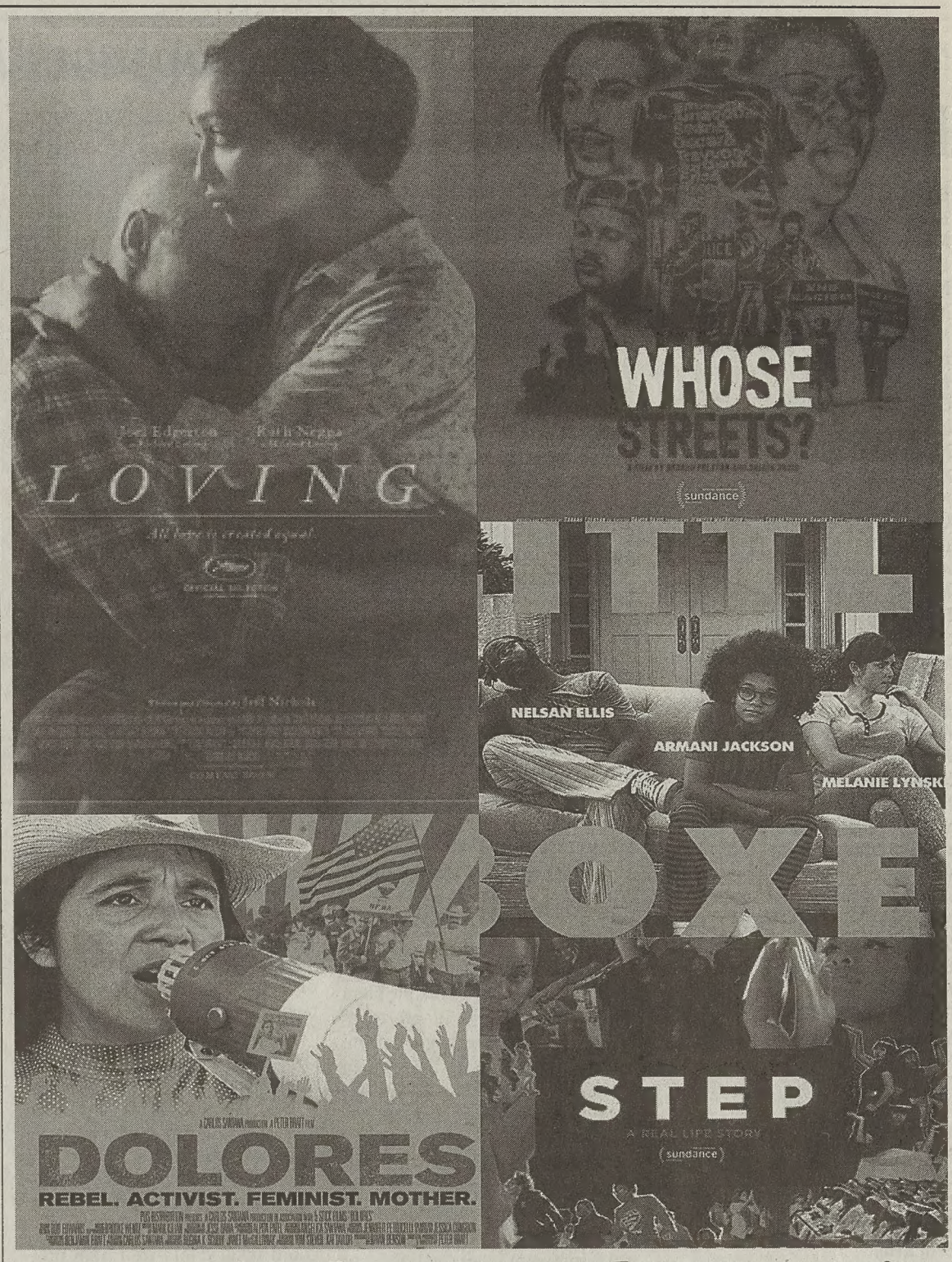
Vermont Gas is a company that aims to provide clean energy to those in Addison, Chittenden and Franklin counties. It frequently conducts efficiency programs that aim to help its customers save money and reduce their energy consumption.

"Vermont Gas is proud to be the first local distribution company in the country to offer the choice of renewable natural gas service to our customers. A local source, hosted by a Vermont family farm, serving a world-renowned Vermont college, is a big step forward in advancing Vermont's clean energy future," president and CEO of Vermont Gas Dan Rendall said in a press conference.

While the project is still in the permitting phase, all parties remain hopeful that it will soon be underway. After the permits are obtained, Vanguard will begin construction on the Goodrich Family Farm and Vermont Gas will begin constructing a five-mile pipeline along Shard Villa Road in order to connect the farm with the company's pipeline network in Addison County, as reported by the Middlebury College Newsroom.

VERMONTBIZ.COM

John Hanselman of Vanguard Renewables speaks about the digester.



Marquis Theater and SURJ Join in Anti-Racism Film Series

By SADIE HOUSBERG
Contributing Writer

On Wednesday, Dec. 6, Showing Up for Racial Justice (SURJ) and Middlebury's Marquis Theater on 65 Main Street will present the second installment of "Seeing Color/Seeking Justice," billed as "a racial identities/racial justice film series."

The screenings, which take place on the first Wednesday of every month at 4 p.m. and 7 p.m., aim to educate Vermonters and visitors about current and historical injustices done to black Americans and people of color and how these manifest in the local community, while raising funds to support local anti-racist organizations.

Next week's film, "Loving," delves into the history of interracial marriage in the U.S. It is a fictionalized story of the relationship between Richard and Mildred Loving, plaintiffs in the 1967 Supreme Court case (Loving v. Virginia), which overruled state laws that prohibited interracial marriage. This year marks only the 50th year since this landmark Supreme Court decision. In a recent New York Times movie review, "Loving" is described as "startling" due to its "insistent, quotidian quiet" — "it was the absolute ordinariness of their love that defined them [Richard and Mildred], and that made the fight for it into an indelible story of this country."

"Rumble," shown in November as the first film of the series, is a documentary about how Native Americans of Canada and the U.S. influenced rock 'n' roll in America. The proceeds from the screening went to support the effort led by the Vermont Abenaki Tribe to replace Columbus Day permanently with Indigenous Peoples' Day in the state.

"We have a two-pronged mission," said Joanna Colwell, one of SURJ's Middlebury organizers, "to educate white folks in our community about how white supremacy and bigotry harm everyone, and to funnel money toward Black Lives Matter and Migrant Justice."

SURJ Middlebury is a chapter of a national network of groups and individuals organizing white people for racial justice. According to the 2010 Census, Vermont is 95.3 percent white, making it one of the whitest states in the country.

As Bernie Sanders' home state, Vermont is considered by many to be "a liberal, progressive state," as Colwell said, "but liberals and progressives have a tremendous amount of work to do to understand [our] own privilege and begin to dismantle racist ideas in our own minds, as well as in our communities. We will not succeed in uprooting institutional racism without making an effort to understand it."

Colwell also addressed the current challenge on the college's campus of getting people who would not otherwise self-select to show up — faculty, staff, students and administrators alike — engaged in the push for racial justice.

SURJ Middlebury hopes to tackle this "crisis of empathy," as Colwell labels it, and acknowledge the truth of racial inequity and violence in our country. This film series provides one means of doing what Colwell aims to do.

"I feel like great films can be a powerful way to increase empathy," said Colwell.

Ben Wells, owner of the Marquis Theatre, reported in the Addison County Independent that "seeing movies brings us together as a community and can show us aspects of ourselves that may have been hidden [to us]."

Wells, Colwell and fellow SURJ organizer Kathy Comstock chose the films for the series after putting on multiple showings of "I Am Not Your Negro" in March of 2017. SURJ and The Marquis Theater are promoting this year's film series through local papers, faith communities, social media and flyers around town and on campus to achieve maximum attendance.

"We hear the voices on campus (students and faculty of color) who feel like Middlebury has not been an inclusive or welcoming environment, especially after the Murray fiasco. We are always looking for ways to listen better and amplify those voices," said Colwell. The SURJ organizer acknowledged that the group's efforts are imperfect. They welcome input about how they can do better.

SURJ Middlebury emphasizes the recognition of past injustices and the lived experiences of people of color in order to build a society free of discrimination and racial violence. The racial justice film series attempts to create a wider audience for this mission.

The recommended contribution for moviegoers is $10. The funds donated at the screening of "Loving" will go in part to the Rokeby Museum in Ferrisburgh, Vermont, which presents "Free & Safe: The Underground Railroad in Vermont," an exhibit tracing an important story of two slaves battling for freedom in the decades leading up to the Civil War. Though there will not be a screening in January, the film series at the Marquis will continue in February with "Whose Streets" (2017), a documentary showcasing the Ferguson uprising and the global movement responding to the killing of 18-year-old Michael Brown. The film, directed by activists Sabaah Folayan and Damon Davis, draws attention to police brutality in St. Louis County and the greater U.S.

In March, the documentary "Step" (2017) will be shown. Director Amanda Lipitz follows the lives of three seniors of the first graduating class at the Baltimore Leadership School for Young Women and their struggles to get to and graduate from college. The stories of the individuals in this documentary intertwine through their participation on their school's step dance team in the wake of the death of Freddie Gray.

In April, the project will show "Dolores" (2017), the story of a lesser-known activist in U.S. history: Dolores Huerta. Huerta is a feminist and, along with Cesar Chavez, cofounder of the first farmworkers' union. At 87, she is still fighting for racial and social justice. "Dolores" illustrates the challenges she faced in her fight for social equity in the 20th century.

The final movie in the series, "Little Boxes" (2017), will be shown in May. Despite comedic overtones, the movie touches on themes relevant to life in Middlebury, given that Vermont is one of the whitest states in the U.S. The film tells the fictional story of a biracial family who moves from Brooklyn to Rome, a predominantly white town in rural Washington, exploring the family's difficulties adjusting to a different living situation and social context.

Students interested in this project should be on the lookout for advertisements for upcoming screenings.

Anti-Racism Film Series

Rumble (2017): November

Loving (2016): December

Whose Streets (2017): February

Step (2017): March

Dolores (2018): April

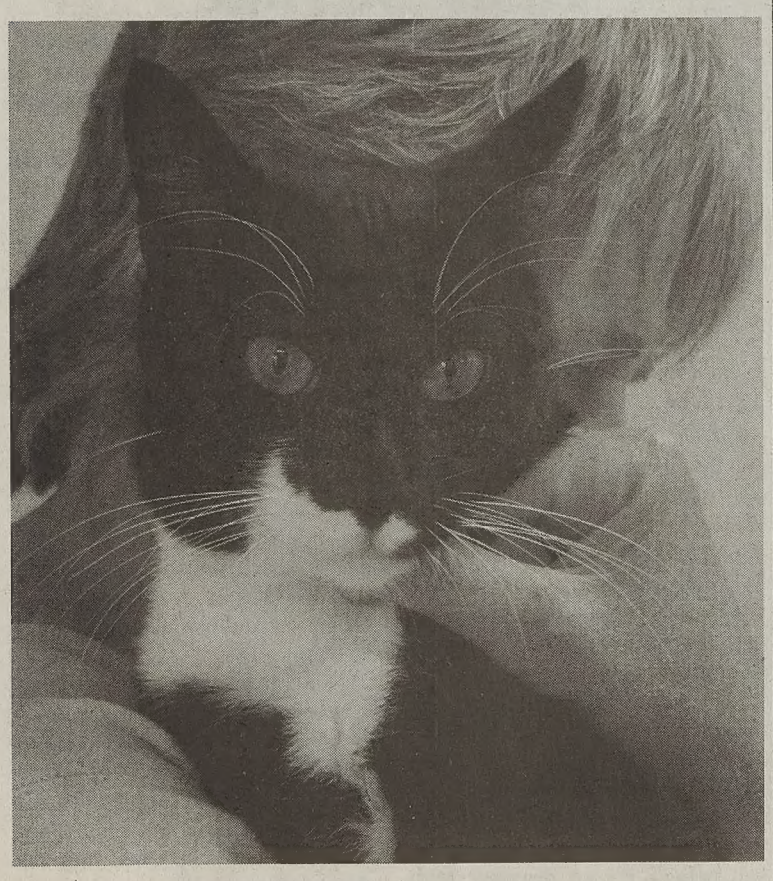
Little Boxes (2017): May

"We have a two-pronged mission: to educate white folks in our community about how white supremacy and bigotry harm everyone, and to funnel money toward Black Lives Matter and Migrant Justice . "

JOANNA COLWELL
SURJ MIDDLEBURY ORGANIZER

MEET STOCKTON!

All Stockton wants in life is be someone's sidekick and shadow. He LOVES to go on adventures and would be super happy if he had a human companion to adventure with! Stockton does well with the other cats here at the shelter and doesn't mind being picked up. He is quite the chowhound, so watch your food! Stockton is a truly great cat who will make a fun and friendly companion! (2 years, shorthaired black, neutered male.)



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It Happens Everywhere

By THE EDITORIAL BOARD

We're living in a powerful moment if you have been affected by gender-based violence or know someone who has — so, everybody.

Since New York Times reporters Jodi Kantor and Megan Twohey first exposed film director Harvey Weinstein, 35 men and counting have been accused of sexual misconduct. Emboldened by the #MeToo movement, many women have taken to social media to share their own experiences. Some claimed to be "shocked" and "surprised" by the prevalence of sexual violence. But victims are not surprised, and perpetrators are not naive.

The extensive research of the Rape, Abuse & Incest National Network reveals that every 98 seconds, someone in the U.S. is sexually assaulted. That amounts to more than 570 people a day. The Bureau of Justice reports that this violence is not limited to the private sphere; every day, about 50 people are sexually assaulted or raped in their workplace. Poor, POC or LGBTQIA folks are most vulnerable to this kind of abuse.

Weekly Reveal Journalist Bernice Yeung writes, "It's a problem that affects people in all types of work, extending beyond film, media and politics to the women who clean hotel rooms, tidy office buildings at night or pick vegetables."

Sexual violence happens all the time — and, depending on the identity of the victim or the perpetrator, it often isn't acknowledged by mainstream media outlets.

Sexual violence is undoubtedly part of U.S. culture; it is part of our patriarchal, political heritage. From Thomas Jefferson to Donald Trump, you can be an accused-sexual assaulter and become president in this country.

Yet, we're still taught to think of rapists and gender-based abusers as "other," as abstractions. They are nameless, faceless "bad guys." But they have names; they have faces. To appropriate the title of a brave and important Middlebury program, "It Happens Here."

The National Institute of Justice reports that "85 to 90 percent of sexual assaults reported by college women are perpetrated by someone known to the victim; about half occur on a date." Queer folks are even more vulnerable. Here are some alarming statistics from the CDC's National Intimate Partner and Sexual Violence Survey survey and the Human Rights Campaign.

Forty-four percent of lesbians and 61 percent of bisexual women experience rape, physical violence, or stalking by an intimate partner, compared to 35 percent of heterosexual women.

Twenty-six percent of gay men and 37 percent of bisexual men experience rape, physical violence, or stalking by an intimate partner, compared to 29 percent of heterosexual men.

Among transgender racial minorities, 24 percent of transgender Native Americans, 18 percent of transgender people who identified as multiracial, 17 percent of transgender Asians, and 15 percent of black transgender respondents experienced sexual assault in K-12 education settings – much higher rates than students of other races. Transgender women respondents experienced sexual assault more often than their transgender male peers.

Bernice Yeung said it well: "At the heart of any sexual harassment accusation is the abuse of power. Hollywood mogul Harvey Weinstein had movie roles to offer. Reporter Glenn Thrush of The New York Times could help young journalists get in front of a top editor. Congressman John Conyers could open doors to a high-powered political career... [And] immigrant women from the working class... face the same kind of power imbalance as the women coming forward today, except the exploitation plays out differently. Their bosses aren't famous but they still have real influence on the people who work for them. These supervisors can hire and fire, mete out extra hours or take them away. For women living paycheck to paycheck, that's a significant kind of power to wield."

We see this power dynamic play out at Middlebury between men and women, straight and queer folks, and upperclassmen and underclassmen. Inappropriate behavior, rooted in struggles of gender and power, happens all the time in our community. We see it when first-years are invited to senior sports team suites in Atwater; the senior men have all the control. We see it when the credibility of student survivors is questioned.

The onus is partially on our institutions. We commend "It Happens Here" and MiddSafe for their admirable work. Green Dot's current form is a good start too, but we can do more to act preemptively and support women. We suggest more thorough Green Dot training for first years and sports teams.

Moreover, a more effective judicial system is in need for addressing perpetrators. We also call on the CCI to develop further resources for students on how to handle sexual harassment in the workplace. When students graduate they ought to be prepared for employers who try to use their power to take advantage of their employees.

Ultimately, this matter comes down to individuals and it is their responsibility to make a difference. Sexual and gender-based violence is inappropriate — period. To those who seek to trivialize the threat of sexual and gender-based violence: shame on you. Reread the statistics. If you haven't experienced sexual or gender-based violence, listen to the people, especially women, who have. Their stories are the ones that matter most.

Perpetrators are beginning to be held accountable in a way they weren't before and that is noteworthy progress. But even if someone hasn't been indicted in the narrow legal sense — especially via the myopic system on college campuses — that doesn't mean the perpetrator's actions weren't egregious.

There are many reasons why students choose not to report, from revictimization by an exhausting judicial process to concrete threats from perpetrators, whose status and power protects them.

As The New York Times columnist Charles Blow writes, "For most women, the perpetrator is not a Hollywood executive, or a sitting senator or an esteemed journalist. For most, there will be no press conferences if they come forward. There will be no celebrity attorney to sit at their sides and stroke their hands. There will be no morning news shows to praise their courage. For most, the decision to speak up will still feel fraught and without sufficient benefit to outweigh the possibility of negative repercussions."

If you have behaved in a way that has facilitated sexual or gender-based violence, directly or indirectly, you need to change. Bystanders need to be held accountable too because they are complicit when they remain silent. We all need to be intentional about fighting gender-based violence.

Next time, be the difference between a good night and nightmare. Check your friends and check yourself. Risk losing social capital in order to prevent someone from trauma, and contemplate why holding back is considered "cool." Junior and senior men, think about your power in spaces and your social capital on a Saturday night. Athletes, leave aggression and force on the field because that has no place in consent culture.

As Blow puts it, "We have to focus on the fact that jokes that objectify women are not funny. And we have to focus on the fact that society itself has incubated and nourished a dangerous idea that almost unbridled male aggression is not only a component of male sexuality, it is the most prized part of it. We say to boys, be aggressive. We say to our girls, be cautious. Boys will be boys and girls will be victims... [People] are not responsible for men's bad behavior. The idea that horny men can't control themselves is a lie!"

As one of our editors so aptly put it: Believe it or not, you are accountable for your actions — for the pain you do or do not cause. So act consensually, defend consent culture and, most importantly, be a decent human being.

"Pregnant in Middlebury, VT:" Fake Abortion Clinics and the Right to Accurate Information

By TORIA ISQUITH

In the era of the Trump regime, the politically inclined are eager to fight for abortion rights and affordable, government subsidized healthcare. The battle-cry is clear: "I stand with Planned Parenthood" stickers are on the back of laptops across campus and stuck on bumpers across the country. But is it enough? Is loud, unwavering support for abortion rights all that it takes to support women nationwide? And should abortion be the focus of all of our activism and attention?

In our current class, "The Politics of Reproduction," we were introduced to crisis pregnancy centers. A crisis pregnancy center — or CPC, for short — is a deceptive "resource" for pregnant people. These centers often situate themselves near abortion providers, sometimes buying property immediately next door or across the street. Women looking for abortion providers — and often women with appointments for abortions — will mistakenly enter CPCs, whose ambiguous logos and names suggest that they offer abortion resources. Misleading advertisements online and in print also draw women into CPCs under the false promise that they offer medical counsel.

Once inside, women are inundated with false information skewed by religious biases. CPCs are designed to dissuade women from obtaining abortions, and they will do anything to reach this goal, including providing medically inaccurate information. Amy G. Bryant, a researcher from the University of North Carolina at Chapel Hill, found that 80% of CPC websites surveyed contained false information about abortion. These falsehoods included supposed "risks" of the procedure- — increased risk of breast cancer, alcoholism and infertility, among others. The American Cancer Society disavows the link between abortion and breast cancer with the support of multiple studies. The National Health Service — the United Kingdom's health care system — found no correlation between abortion and mental health problems or infertility. Bryant and her coauthors also found that 12 states had "Resource Directories" that they provided to women seeking abortion. Among the resources these states recommended — for abortion information and care — were CPCs.

The battle for reproductive rights must include fighting both for abortion and against CPCs. Planned Parenthood stickers are not enough. So what can a student at Middlebury College do? How can we have an impact?

In the liberal Green Mountain state, it's easy to feel worlds away from the political agendas of political conservatives, including those who run CPCs. If you do a Google search for "pregnant in Middlebury, VT," however, the first site to appear is the Pregnancy Resource Center of Addison County, a local CPC. Their website claims that they provide information on abortion, although the small print on the website states that "[t]his center does not offer abortions or abortion referrals." The website does include information on what they call "post-abortion stress," a fictional mental disorder that the DSM — a manual used by mental health providers to classify and diagnose disorders — does not acknowledge as legitimate, and that was created by anti-abortion activists. In progressive Vermont and on our own campus, women seeking accurate information may mistakenly visit this CPC and receive false information on their reproductive options and their bodies.

Students in our course decided to take on this hypocrisy. In a series of translation projects, we are using information from course texts to create impactful projects — zines, art installations and board games, among other projects — to educate and inspire the Middlebury community. Many of us felt compelled to talk about CPCs, noting that even our most politically-conscious peers outside of the course were unaware of this insidious phenomenon. Anna Novak, a junior Geography major, devised a plan to map CPCs and abortion providers in Vermont to assist women looking for health care. I contacted every hospital and abortion clinic in the state to determine who provides abortions and the type of procedures offered. This information has been translated into an interactive map, which will be available on a website created by our peers — seniors Kelsie Hoppes, Lauren Schweppe and Kisha Karla.

This website, reproductivehealthvt.wordpress.com, serves as a guide for individuals seeking reproductive health care services in Addison County, Vermont. This website educates viewers on what a CPC is and how to spot one and debunks many of their lies and biases. In addition, the website provides information on how and where to access an abortion locally, as well as information about the procedure itself.

Our collaborative projects provide a resource that women in Vermont can use to learn about providers in Vermont, including contact information and provider location. Additionally, we hope that these projects can educate our community about the threat CPC's pose to reproductive freedom, even in liberal Vermont. The website will be operational by December 18th. For more information on the website, as well as other projects from our course, please join us at the M Gallery on Wednesday, December 6th for student presentations.

CPCs are deceptive; they have ambiguous names and websites, and their anti-abortion foundations are not immediately clear. They are designed to mislead women and dissuade them from a safe, common medical procedure. It is no longer enough to support Planned Parenthood when it is convenient. To support all women and to support reproductive autonomy, we have to emphatically oppose and demystify crisis pregnancy centers. It's time for Middlebury students to actively oppose CPCs, and we can start in our very own town.

Setting the Record Straight

By SOCIOLOGY/ANTHROPOLOGY DEPARTMENT

In her October 26, 2017 testimony to a U.S. Senate committee about the Charles Murray talk at Middlebury College, Prof. Allison Stanger stated:

"The Sociology/Anthropology Department sought to rally the community to censor the Political Science department by demanding that we withdraw our co-sponsorship. In so doing, they abandoned long established norms of tolerance and open-mindedness, as well as collegiality."

This statement is completely untrue. The members of the Sociology/Anthropology Department hold a variety of views on the Charles Murray incident. Neither before the event, nor after, did we take any collective action or make any collective statement about it.

Editor's Note: Members of the Sociology/Anthropology Department can be found at go.middlebury.edu/soan.

Don't Be Fake

By NIA ROBINSON
Opinion Editor

It is Monday morning after a break and you can hear the echoes of people exchanging pleasantries from Cornwall. Why do we ask how people are or how the break was if we are not concerned enough to hear the answer?

At the beginning of the school year, I ran into someone and we did the common dance of telling each other what we did for summer. A few hours later, when we bumped into each other, she asked again. When she saw me again after dinner, she asked for a third time that day. At least that time she asked me what classes I planned to take. Surprisingly, this isn't the only time it has happened.

Middlebury has taught me to dislike surface level conversations and interactions. That's all that seems to happen with most people. How much work do you have? Where did you go for break? Can you believe it's 50 degrees? Middlebury is home to some intelligent people, so I refuse to believe this is all we can muster for conversation starters.

This isn't me inviting people to ask about foreign policy or how much they love War and Peace in the lunch line at Ross, unless that is something you want to do. I am saying, we know more about each other, so let's talk about that. If you know your friend has siblings, ask how they're doing. During midterms, make sure your friends are staying afloat. Check in with people you care about and listen when they give you an answer. We have all had too many passing conversations where we ask how the other person is, but we keep walking, slightly turning as we turn our music back on.

Our culture of busyness keeps us in these conversations, keeps us on the surface. If we're talking about building community, it needs to be in the everyday. It's fine to say hi and keep going, but I challenge people to follow up when they ask about someone's life.

Community Forums, Racial Accusations and Mirroring the Enemy

By DAVID STOLL

We've all heard about the Salem witch trials. If you go into the scholarship, it turns out there were no witches in Salem — only victims of sorcery accusations. If Salem's problem with witchcraft did not include actual witches, could Middlebury College's struggle against racism not include actual racists?

Well, we might have a few racists, or more than a few. But both witchcraft and race have an equal basis in human biology — none. Animosity does not add up to sorcery and genotype/phenotype interactions do not add up to race. But once witchcraft beliefs turn into accusations, and racial beliefs turn into accusations, they share a frightening capacity for justifying intimidation.

Racial accusations in the U.S. have long revolved around conspiracy theories that black people pose a threat to white people. Americans might be less enamored of this and many other conspiracy theories if we realized that they are an updated version of witchcraft accusations.

Accusations of sorcery and of conspiracy have long found receptive audiences for the same reason — they concentrate blame in somebody we already detest. While disasters tend to be produced by many hands, conspiracy theories divert blame away from ourselves and send it in a single, satisfying direction — to a scapegoat. This is why, wherever you go in human affairs, scapegoating will always be a tempting activity.

In Donald Trump's America, conspiracy accusations ricochet here, there and everywhere. At Middlebury College, they are peering around the corner at our community forums. The administration summons us to these all-campus events so that we can respond to the latest racial emergency.

The most recent are a Title IX allegation of racial profiling and a racist graffiti on a blackboard. The forums are billed as conversations and they are intended to build community. But the subject of racism, and the scale of the gathering, turns them into theatrical occasions. Students denounce their pain and suffering. Caring administrators announce dramatic new measures — to the surprise of other students, faculty and staff who haven't been consulted.

Over the last two years, administrators have gotten more apologetic, student activists have gotten more accusatory, and the conversation has taken on the air of a tribunal.

The most recent community forum, Nov. 9 in Mead Chapel, focused on President Laurie Patton and Title IX coordinator Sue Ritter, as well as communications veep Bill Burger and a public safety officer (unnamed) who may not have been present. Students asked Patton and Ritter if they were in denial about white supremacy at the college. They also demanded apologies for alleged racial profiling.

As the questions became more personal and insulting, a student leader presided with the assurance of a hanging judge. The core of the audience, mainly students, broke into periodic applause. The margins of the audience, mainly faculty and staff, did a lot less applauding. With the exception of denials and assurances from Patton and Ritter, as well as from general counsel Hannah Ross and a few other administrators, no other sides were voiced.

None of what follows is to deny that local instances of racism require our attention. I'm especially concerned about increasing man-in-the-street animosity toward Middleburians with dark skin. There is also the longstanding problem of classroom and social life majorities that create a hostile milieu for minorities. The college can certainly do more.

What I wish to challenge are racial accusations that are so open-ended that they presume the guilt of the accused. For example, to refute one of the specific accusations against Sue Ritter, I wish to point out that an office staffed by white people is not evidence of white supremacy. If this were the case, then an office staffed by liberals would be evidence of a plot against America. That's the kind of reductive accusation employed by rightwing conspiracy theorists.

Why would Middlebury student activists, who wish to oppose rightwing conspiracy theorists, employ the same kind of logic as they do? The most obvious answer: a wide range of Americans are entranced by conspiracy theories. What is the most easy-to-swallow version of conspiracy theory for both left and right? Racial classification! What scapegoat is easier to grasp than a bunch of black people or a bunch of white people?

Racial classification presumes that a person's skin color tells us something important about who they are. It also presumes that a person belongs in the same behavioral category as other people with the same skin color. Both are far from the case.

Consider the following example of how simplistic and localized racial classification is. A Dominican who considers himself white gets on an airplane and flies to New York City, where he is judged to be black and/or Latino. If he then flies to Los Angeles, he will continue to be black, but not Latino in the eyes of this city's Mexican-American population. If he then flies to Vermont, he will become a person of color. Four different places have four different racial systems.

What counts as blackness or whiteness appears and disappears as a function of assumptions and power differentials that vary enormously from one situation to the next. Everyone has the right to identify yourself as black or white, of color or not. In earlier days, who counted as black or white was enshrined by legal boundaries. Nowadays, who is designated by these labels has become far more unstable. This makes them a treacherous basis for administration and due process.

The superficiality of racial classification isn't just a trap for racists. It's also a trap for anti-racists when they make sweeping assumptions about who they represent and who their enemy is. Five days after Charles Murray's famous visit to our halls, in March 2017, four Middlebury College departments and two programs hosted philosophy professor George Yancy of Emory University. Yancy's theme was white fear of the black body. His evidence included excruciating details of Jim Crow-era lynchings, hate mail that he's received after publishing provocative op-eds, and white fascination with black sexual prowess.

As for white people who struggle with racism and claim to overcome it, Yancy informed us, they're wrong. So what are white people supposed to do? Their only hope, he told us, is to take their clothes off, look in the mirror and fall apart. An alternative approach, he said, is to vomit for two hours. But the best white people can hope for is to become "anti-racist racists" because, he concluded, "to be white is to be racist."

Part (not all) of the Middlebury audience gave Yancy a standing ovation. What some of us were applauding is arguably a new form of religion organized around race, in which whiteness becomes an ineradicable stain. Like the Christian doctrine of original sin, and John Calvin's doctrine of predestination, white people are stuck with it. All Yancy can suggest for white people is a mental health crisis — but even that isn't going to liberate them from the curse of whiteness.

Traditional race systems in the U.S. were organized around the stigmatization of dark skin. Yancy seems to be urging us to reorganize ourselves around the stigmatization of fair skin. Judging from the opinions page of The Campus, plenty of people here agree with him, and they have lost patience with objections. If whiteness proves racism, after all, then any protestation of innocence means that you are in denial.

Here returns the parallel with accusations of witchcraft in seventeenth-century Massachusetts, as well as with accusations of liberalism in some of today's congressional districts. What makes racism, witchcraft, or the liberal conspiracy against America an irrefutable premise is deep distrust and anger, not empirical evidence. Once human beings regard such premises as irrefutable, the only proof needed is suspicion. Anyone who objects is soon under suspicion as well. Formulaic repudiation of witchcraft, liberalism or racism becomes the political litmus test for deciding who is a good person and who is a bad one.

Perversely, the logical result of George Yancy's "anti-racist racism" will be, not transcending race or leaving it behind us, but a new racial system that reverses the polarity of the old ones. This new system will probably be confined to the college's prosperous economic niche, but it will continue to provide sinecures for the most clever among us, who will tend to come from the middle and upper classes just as they do now.

Another logical result of our current campaign against race will be more layers of bureaucracy. In social science we call this state-building. The rationales for state-building are always seductive. Conservatives insist that we need protection from external enemies; liberals insist that victim groups need protection from victimizers. Whether you're obsessed with enemies or victims, the shared idiom is vulnerability, protection, security. In social science we call these dangerization scenarios, and what they produce is audit or surveillance culture.

Both dangerization and surveillance have quite a capacity for spiraling upward in the same paranoid manner as sorcery and racial accusations. The more fears you express, the more investigations of these fears will be required. The more procedures you have, the more violations of these procedures there will be. The more people you hire to fight witches, the more witches they will find.

This is how our anti-racism activists could, contrary to their intentions, be generating rationales for a new regime that will be a larger and more cumbersome version of the one they oppose. It will not be as different as they want it to be.

David Stoll is a professor of anthropology at Middlebury College.

HOPE Holiday Shop
Make a child smile this holiday season
go/hopeholidayshop2017
HOPE's Holiday Shop annually offers clothing, toys, and books to Addison County families experiencing poverty. The gifts are diverse, colorful, utilitarian, and selected with the goal of exercising the children's imaginations.

ISO Show Breaks Through Boundaries

By DOMINICK TANOH
Arts & Sciences Editor

This Saturday, Dec. 2, the International Student Organization (ISO) will put on the 21st rendition of its annual show. The show is a yearly highlight for an organization that also organizes international trivia nights, food preparation workshops, and excursions into the wilds of Vermont.

On a campus where over 10 percent of the student body hails from a country outside the United States, the ISO can be anything from a social network for people wanting to interact with a more diverse range of people to a support network for students feeling out of place in a new culture. During the ISO show, students from a few of the 70+ countries represented at the college are able to present their culture in a more explicit way than they regularly do.

A performance, when well done, has the power to transport you to a new place. For a little while you can forget that you're sitting in a room filled with strangers tensed in anticipation for what is coming. For the length of the performance, you can just let the skill of the people performing sweep you to beautiful and emotional places.

But what happens when the performance includes a melancholy choral piece sung in Zulu,an ebullient Latino song and dance performance, and a Chinese Hip Hop performance, which to many might seem like a contradictory union of east and west?

Here, performance becomes a physical journey as well as an emotional one. The audience can see the ties that bind our small school to the rest of the world and be inspired them. That is the beauty of our surprisingly global student body here at Middlebury. That beauty is made manifest by Middlebury's annual ISO Show.

This year's show has a range of performances that reflect the wide breadth of people represented by the ISO. Crowd favorites such as Midd Masti, the South Asian dance troupe and Ingoma, the Afro-inspired a cappella group, will be joined by performances of Ukrainian dance, Indonesian a cappella and K-Pop mashups. Bombastic group performances will alternate with the intimate songs and poetry of individual acts.

"The annual ISO Show is a chance for our international student body to share their diverse cultural backgrounds, and an opportunity for the larger Middlebury community to enjoy them," club president Roger Dai '18 said.

"With the semester approaching the end and everything else going on in the country, maybe we all need a care-free night out to indulge ourselves in joyful dances and songs from all over the world. Plus, when else do we get to see so many cultures on the same stage in Middlebury, Vermont?"

If performance becomes a means of voyage, this Saturday's event will be rewarding trek for its entire audience This Saturday, a truncated performance for families and children will begin at 5:30 p.m. before a full performance at 8:00 p.m in Wilson Hall.

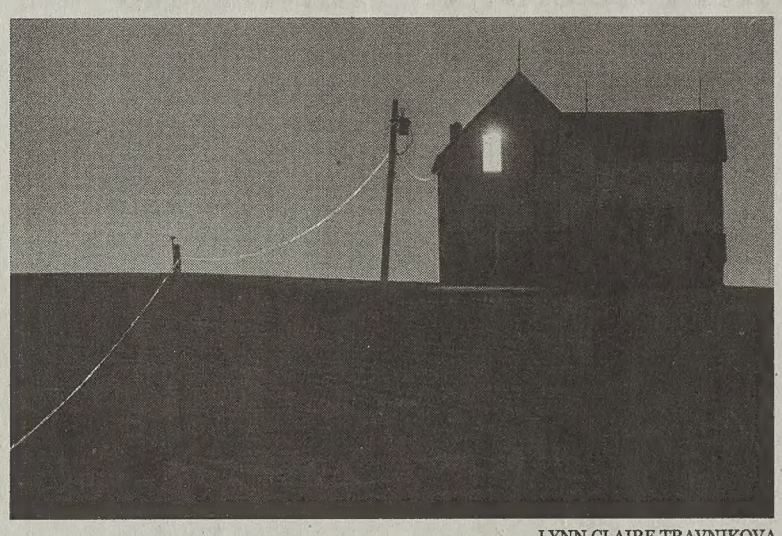
Tickets are available through the Box Office. Prices are $3 for children under 12, $6 for students and $8 for the general public.

MICHAEL O'HARA

Middlebury Theater Presents: *Middletown*

By FINNE MURPHY
Arts & Sciences Editor

From Nov. 30 to Dec. 2, the Middlebury Department of Theater will present Will Eno's 2010 play, "Middletown," directed by Alex Draper '88. Inspired by "Our Town" by Thornton Wilder, the play, according to the New York Times, is a "delicate, moving and wry amble along the collective road to nowhere", and one "that glimmers from start to finish with tart, funny, gorgeous little comments on big things: the need for love and forgiveness, the search for meaning in life, and the long, lonely ache of disappointment."



LYNN CLAIRE TRAVNIKOVA

Eno, who has been described as the Samuel Beckett for the Jon Stewart generation, is the author of "Thom Pain: Based on Nothing" (Pulitzer Prize finalist in 2005) and "The Realistic Joneses" (Drama Desk award winner in 2014). "Middletown" was awarded the inaugural Horton Foote Award for Most Promising New Play in 2010.

The play explores the intricacies, troubles and values of small town American life, framed by the lives of ordinary people. As a newcomer to Middletown finds her way, she and the audience are introduced to a cast of characters who are all seeking love, connection and inspiration. Poignant and funny, "Middletown" delves into the complex worlds of language and human connection as the lives of the residents intermingle in touching and fantastic ways.

The show stars, in order of appearance, Madeleine Russell '19, Sam Martin '19, Miguel Castillo '17.5, Connor Wright '18, Shannon Gibbs '18, Victoria Isquith '19, Lynn Travnikova '20, Will Lupica '18, Noah Liebmiller '17.5, Olivia Christie '19, Stephanie Miller '20, and Asher Brown '19.5.

"Middletown" will open this Thursday at 8:00 p.m. Tickets are available through the Box Office. Prices are $12 for for faculty and staff, $6 for students and $15 for the general public.

Performing Arts Spotlight: Imani Winds

By CAMPUS EDITORIAL STAFF

The wind quintet Imani Winds will present their concert, "Classically Improvised," at the Kevin P. Mahaney '84 Center for the Arts' Robinson Hall on Friday, December 1 at 8:00 p.m. The event is part of the Nelson Chamber Music Series, a program within the larger Performing Arts Series.

The quintet has released eight commercial recordings and received a Grammy Award nomination for its 2006 album, "The Classical Underground". According to Performing Arts Series Director Allison Coyne Carroll, this act of the series has received the most requests of any organized during her time at the college.

Visiting Assistant Professor of Music Matthew Taylor speaks to the quintet's excellence:

"The Imani Winds are a spectacularly dynamic wind quintet that always puts its personal touch on any repertoire they play," said Matthew Taylor, a visiting assistant professor of music. "Students that attend will not only be treated to great music, they will also witness one of the best classical ensembles around. The best I can describe a performance by the group is that they embody the music they play, whether it is a new piece written for them by jazz legend Wayne Shorter, an arrangement of Stravinsky's Rite of Spring or a classic from the established wind quintet repertoire. Two of their members, flutist Valerie Coleman-Page and hornist Jeff Scott, also write great music for the group."

Tickets are $28 for adults, $22 for Middlebury College faculty, staff, emeriti, and alumni, $10 for youth 18 and under and $6 for Middlebury College students.

MATT MURPHY

The Librarian is In

By KATRINA SPENCER
Senior Columnist

Literatures and cultures librarian Katrina Spencer is liaison to the Anderson Freeman Center, the Arabic department, the French department, the Gender Sexuality & Feminist Studies (GSFS Program), the Language Schools, Linguistics and the Spanish & Portuguese departments. These affiliations are reflected in her reading choices. "While I am a very slow reader, I'm a very critical reader," she says.

Pages: 128

"Um sábado qualquer: Deus por trás das câmeras" Carlos Ruas

THE WHAT

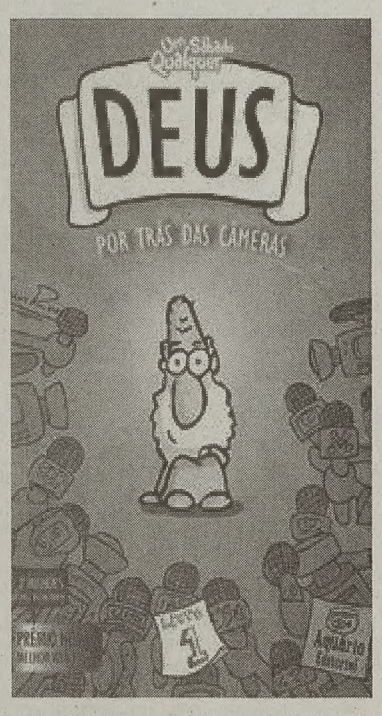
"Um sábado qualquer" ("Any Given Saturday: God Behind the Scenes") is a piece of graphic literature from Brazil. It offers a vision of a god that is precarious, infantile, fallible and almost entirely objectionable. Ruas's collection employs biblical narratives and motifs, adding an alternative history of what happened "behind the scenes" during creation, ultimately painting Judeo-Christian mythology as haphazard and coincidental. For example, his God character creates many globe-like prototypes for Earth before having to present one, mostly complete, to his father for "publication." The work is simultaneously humorous and blasphemous and can be found in our language-based browsing collection.

THE WHY

I grew up with consistent exposure to biblical teachings and learned to question them around the time I was in college. I enjoy this author's cheekiness in presenting a God character created in man's image: indulgent, moody and hedonistic. It is fun to reimagine a well known story and to fill in the gaps that were left behind. José Saramago does this as well in his work, "Cain."

Rating: 4/5 cardigans

Original, creative, quirky but manages to be misogynistic in its satire as it includes easy, archaic jokes against women.



DAVIS FAMILY LIBRARY

DON'T MISS THIS

Sound Investment Jazz Ensemble

The Sound Investment celebrates the centennials of two of the giants of jazz: Dizzy Gillespie and Thelonious Monk. The program features their original compositions as well as standards they loved to play. Certain to be a special evening. Free.

12/2, Saturday, 8 p.m., MCA, Robison Concert Hall

Middlebury Community Wind Ensemble Winter Concert

On the program is a Ken Weston arrangement of a work by Verdi as well as music by Clifton Williams, Duke Ellington and a salute to Ringling Brothers Barnum and Bailey Circus. Jerome Shedd conducts. Sponsored by the Middlebury College Department of Music. Free.

12/3, Sunday, 3 p.m., MCA, Robison Concert Hall

Fall Dance Concert

Features choreography by emerging student dance artists and the annual Newcomers' Piece, choreographed by Artist in Residence Julian Barnett. The evening is directed by Barnett in collaboration with the choreographers. $15/12/6.

12/1, Friday, 8 p.m., 12/2, Saturday, 8 p.m., MCA, Dance Theatre

Students and Adminstrators Reflect on Town Hall, Talk Next Steps

By SARAH ASCH
Senior Features Editor

(cont. from page 1)

Duong appreciated the thoughtful questions that students raised over the course of the town hall, and she spoke at the town hall about the burden that falls on cultural organizations to educate the student body.

"Students in these organizations have taken on the burden of peer-to-peer education in order to cultivate an understanding for the experiences of marginalized groups on this campus," she said.

Many administrators also attended the town hall to answer questions and listen to concerns. Chief Diversity Officer Miguel Fernández said his biggest takeaway from the meeting was that the administration has to work harder to make all students feel comfortable. "I'd say that the message heard loud and clear is that the administration is not doing enough to improve the experience of students of color on campus and that there needs to be more training for all students, staff, and faculty," he said.

Fernández reiterated that there are trainings in the works, but he also said that the administration alone cannot fix the situation.

"I understand the finger-pointing at the administration, but no matter how many people we 'train,' the administration alone is not going to solve all the issues. It has to be the work of everyone," he said. "I'm not trying to burden students of color with more. I'm talking about everyone. At the conversation at Mead, we heard stories of inappropriate images, comments, or words in classrooms where the sole student of color waited for someone to speak up and was frustrated when no one else did. No matter how many training sessions we do, the administration will not be able to force those classmates to stand up and say something."

Dean of Students Baishakhi Taylor echoed Fernández's desire to create an environment where students of color feel comfortable and included. Taylor mentioned several student advisory groups she has been meeting with to help incorporate student feedback into these efforts.

"To continue our shared work in a collaborative and transparent manner, we recently formed a student advisory group for the Dean of Students Office," she said. "We have been meeting every Tuesday evening to discuss issues that are on students' minds." Taylor also said she is working with students to gather feedback on the college's handbook.

Moving forward, outgoing Vice President for Student Affairs and Dean of the College Katy Smith Abbott mentioned administrative efforts to enact restorative justice practices. "Over 50 students, staff, and faculty are signed up to participate in a three-day training in December and my expectation is that a steering group responsible for guiding additional trainings and implementation will emerge from that first cohort of participants," she said.

Duong feels that our community needs to address the questions that students raised, and mentioned a questions few specifically, including: How do we increase transparency? How can we get actual timelines and dates made for the implementation of desired programs and initiatives? Can we create a better communication route between the greater student body and the college? She suggested several potential solutions for communication, including using the SGA to reach administrators and reviving the "We the MiddKids," petition site.

The SGA created a form so that students can give feedback to the administration, which they emailed to all students after the event.

"This feedback form is crucial for student engagement on voicing their opinions and concerns about the initiatives by the SLG and for the campus climate at large," Sohn said. "Students can voice opinions on areas of accountability, markers of progress, student involvement, and transparency for the initiatives. Once feedback is collected, the SGA will move forward with presenting the information to respective members of the community and SLG, with possible legislation and recommendations stemming from the collected feedback as well."

Sohn also noted that the several members of SGA and BSU have been working on a resolution about a set of recommendations to the administration for institutional support for minority students on campus. This resolution is on the SGA website at go/sga.

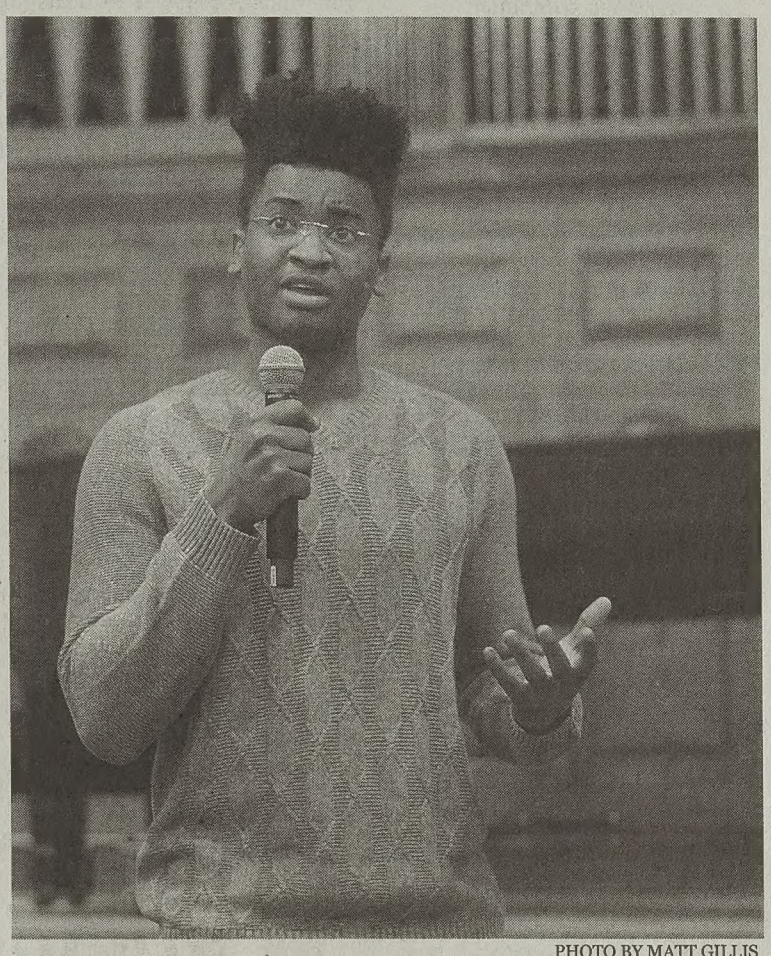


PHOTO BY MATT GILLIS

Charles Rainey speaks at the town hall meeting on Nov. 8.

Project Pengyou Speaker Discusses International Relations

By BENJY RENTON
Contrbuting Writer

At the culminating event of the Middlebury chapter of Project Pengyou's "Pengyou Week," the organization invited Professor Andrew Mertha, a specialist in Chinese and Cambodian politics at Cornell University, to talk about China's historical support of the Cambodian Khmer Rouge in the 1970s. The Southeast Asian country of Cambodia is often left out of discussions related to U.S.-China relations, and Project Pengyou aims to change that dynamic on campus.

Project Pengyou is a relatively new organization to Middlebury's campus, founded by Ngor Luong '19 last year. Its mission is to create a cohort of U.S.-China bridge builders and provide a platform for international Chinese students, Chinese Americans and any students interested in discussing U.S.-China relations. The organization hosts various events, panels and discussions throughout the year; however, its biggest event was an internationally recognized Pengyou Day, which took place on November 16. "Pengyou" means "friend" in Chinese, and the organization hosted events throughout the whole week promoting friendship and cooperation between the two countries. These events included a panel sponsored by the Center for Careers and Internships on job and internship opportunities, a screening of the movie "First They Killed My Father," a discussion on identity and differences, an opportunity to meet members of the organization over lunch and Mertha's talk over dinner.

Mertha's talk was titled "Fueling the Genocidal Regime: China's Historical Support of the Cambodian Khmer Rouge and Contemporary Implications for China's Regional and Global Power," and served as a continuation of the issues raised in "First They Killed My Father." The talk was sponsored by the MCAB Speakers Committee, Brainerd and Wonnacott Commons and the Rohatyn Center for Global Affairs. Luong introduced Mertha by discussing a brief history of the Middlebury chapter of Project Pengyou along with a brief biography of Mertha and a summary of his accomplishments. Mertha is a professor of government,specializing in Chinese and Cambodian politics, political institutions, the policy process and the exercise of power. He is a core faculty member in the Cornell East Asia Program and the Cornell Southeast Asia Program, and also serves as president of the Center for Khmer Studies (CKS). Mertha is currently working on an institutional mapping of the organizational structure and policy making process in Cambodia under the Khmer Rouge from 1970 to 2003 and a comparison of political rectification, purges, and political indoctrination in China and Cambodia.

In his lecture, Mertha primarily focused on the period between April 17, 1975 (when the Khmer Rouge entered the Cambodian capital of Phnom Penh) to January 9, 1979 (when the Vietnamese army entered the city).

"What people may not realize is that Cambodia was the site of one of the greatest civilizations of the world and of history," Mertha said, referring to the Angkor (or Khmer) Empire. The power and glory of this empire is still visible today in the form of Angkor Wat, the largest religious building in the world. He briefly summarized the history of Cambodia in the latter half of the 20th century, from its status as an independent protectorate of France through the takeover of the Khmer Rouge and life in the country after this regime.

Mertha compared the key features of China and Cambodia in the 1970s. Small in land area, Cambodia was not an Asian geopolitical powerhouse and its economy was devastated during civil war. Politically, "the Khmer Rouge were not the smartest leaders of a revolutionary movement that the world has ever seen," Mertha said, referring to the lack of governance in Cambodia. In contrast, China was "exponentially stronger than Cambodia" and was on the road to becoming a global powerhouse. Mertha argued that China, despite its power over Cambodia, benefited very little from the relations between the two countries. He used the failure to reconstruct a petroleum plant destroyed during the civil war,the construction of a military base in the center of the country and the growth of trade in the region to show that China actually had little to no influence over Cambodian infrastructure and development, military aid and trade. Drawing into contemporary ideas, Mertha noted that China could be weaker than experts previously thought.

"China is anything but a unitary actor. There [are] an impossible number of moving parts and they don't necessarily move the way they should," he said.

Luong was very impressed with Mertha's talk and the engagement of the audience.

"We wanted to expose Middlebury students to topics that are generally left out or considered insignificant in the traditional classroom setting," said Luong. "Professor Mertha commented that we didn't really care about Cambodia until it was too late. This is happening now in our generation with the Syrian refugee crisis and even the recent horrific attack in Egypt."

Project Pengyou plans to bring Sidney Rittenberg, Mao Zedong's interpreter and Chinese Communist Party insider, to campus in the near future.

"Ultimately, we really hope to bring in different perspectives to our Middlebury community," Luong said.

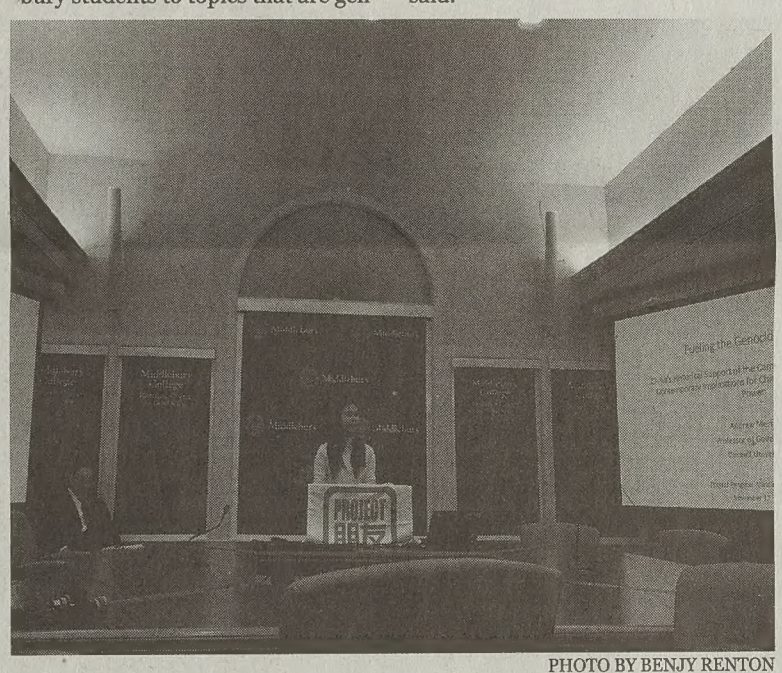


PHOTO BY BENJY RENTON

Mertha's talk "Fueling Genocidal Regimes" was the culminating event of Pengyou Week

Sister to Sister Mentoring Program Holds Annual Summit

By KAYLA LICHTMAN
Contrbuting Writer

On November 11, middle school girls from Middlebury Union Middle School (MUMS), Vergennes, and Mount Abe, joined female Middlebury students in the Kirk Alumni Center to experience some of Middlebury's extracurriculars and discuss body positivity and feminism at the Sister-to-Sister Club Annual Summit. The Summit is the highlight of the year for the club, which aims to support and mentor middle school girls in the local Middlebury area.

"This event is supposed to have the biggest curriculum," said co-president Ivy Geilker '19, also noting that it allows the girls to "talk about things that middle schoolers don't [usually] get a chance to talk about."

Before the start of the summit, the group sat down to create guidelines that would shape their interactions for the day. On a list posted on the wall as a reminder were some rules: stay kind, respectful, positive, open-minded, non-judgmental, and, of course, goofy.

The day kicked off with a short workshop from Midd Masti, Middlebury's South Asian dance group. Club members taught the attendees some beginner hand motions and the corresponding foot movements in slow motion, then impressed them by speeding up to perform a sneak preview of their dance for the talent show later that day. After that, the middle schoolers chose between participating in a workshop with improv comedy group Middlebrow or heading to the kitchens with a member of the Nutrition Outreach and Mentoring club to create a tasty and healthy snack.

After their first workshops, the group got together for the highlight of the day: an educational talk by Treasure Brooks '21 on body positivity entitled "Myths, Marketing, and the Metamorphosis of Body Image." The goal, as she put it, was to have everyone in the room "develop a more critical eye on how they look at the media they're digesting." Brooks believed that middle schoolers were "completely capable" of achieving this goal. As she pointed out, when looking at billboards or magazine ads, it is necessary to think beyond the perfection of the image. What is important, she reminded the room, is to look one step further, at how such false perfection is achieved.

Brooks first asked the audience to distinguish between beauty and attractiveness, the former including a combination of qualities while the latter simply connotes visual features. The girls discussed how the qualities perceived as attractive are often unattainable and unrealistic. Then, Brooks asked the room to compare two images, one before photoshop and one after, andpoint out the differences, which were everywhere: noses, cheeks, eyes, butts, thighs, had all been reshaped in order to perpetuate the idea of physical and visual perfection that opposed realistically attainable goals.

The presentation took on a more serious tone, sharing that 91% of women are unhappy with their bodies, and that 42.6% of 15 year-old girls believe themselves to be overweight as compared with only 23% of boys the same age. Brooks then asked each person to share one thing she loved about herself. It was a simple, yet incredibly powerful exercise that brought a smile to everyone's faces.

"I love that I am a good singer," one girl shared; "a good friend," another one said; a good student, a painter, empathetic... the list went on.

As club member Kaila Thompson '21 said, doing such exercises and holding summits like this allows the girls to "see how diverse people can be and how individualism plays into who you can become."

After the presentation, the group headed to the second workshop of the day, either facing down the cold to play a fun game of Frisbee outside with the Frisbee club or sitting down to a writing workshop which discussed character development and tackled writing blackout poems.

Ella Dyett '20 commented that the goal for the day was to "send positive messages to middle school girls [and] to hang out with them."

While this was a running theme of the whole event, it was especially emphasized in the feminism talks. Club members and students initially broke into small groups to discuss what feminism meant to them. The middle school attendees astutely pointed out that they experienced differences in standards at school during gym tests which set unequal goals for boys and girls. They saw friends field comments and odd looks when they chose not to wear conventional girls' clothing or have long hair. Coming together as one, the groups discussed this and more.

"It's expected to be a joke if a boy wears girls' clothing," one girl pointed out in frustration. Ideas of acceptance and of fighting for equality abounded as the talks went far beyond the allotted time.

The day came to a close with cupcake decorating and letter writing. Amidst yellow frosting and blue sprinkles, the girls wrote letters to the students of the School of Leadership in Afghanistan, a grade six-12 institute. They introduced themselves and asked some questions in hopes of getting replies in the months to come.

Overall, Ivy said, "[The event] went really well," Geilker said. "Every girl who left here was super excited about participating."

Dyett added that was also meaningful to her to give the middle school girls "someone to look up to." It was a day of thoughtfulness, exploration and bonding that the club plans to repeat next year.

MCAB: The Week Ahead

FRIDAY

FREE FRIDAY FILM: MOANA

Decmber 1 at 6 and 9 pm in Axinn 232

SUNDAY

YOGA WITH CHELSEA COLBY

December 3 from 6:45-7:45pm in Mitchell Green Room

ZUMBA

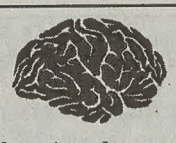
December 3 from 4 to 5 pm in Wilson

THURSDAY

TRIVIA NIGHT

December 7 at 9 pm in Crossroads Cafe

WHY MINDFULNESS MATTERS



By Elizabeth Zhou
Editor-at-Large

(cont. from page A2)

So, how has institutional support for mindfulness translated into actual changes on campus? First and foremost, the institutional call for mindfulness in 2015 set up funding for 1) the development of contemplative practices within the college's curriculum, 2) opportunities for students to engage with mindfulness outside the classroom, 3) health and wellness programs for staff and faculty and 4) initiatives at the Middlebury Institute of International Studies at Monterey.

In terms of a long-standing, perhaps implicit commitment to mindfulness on campus, the Middlebury Steering Committee's 2016 report highlighted the existence of yoga and meditation classes, spaces designed for restoration and contemplation (such as the Knoll and the "Unplug" and Recharge rooms in the college's libraries), faculty research and courses centered on mindfulness and over three-dozen academic colleagues who incorporate contemplative pedagogy into classes.

"There was lots of stuff, depending on how willing you were to have a broad definition of mindfulness or contemplative practices," co-chair Quinn explained. "Maybe there was a bigger need of making sure people knew that they existed."

COURTESY OF MIIS

The expectations of college often compete with our capacity for mindfulness.

The Middlebury Steering Committee offered one overarching recommendation to promote mindfulness on campus: the creation of the Middlebury Center for Well-Being, an entity that would organize and support contemplative initiatives at the college. The report acknowledged the financial challenges of designating an independent, physical space for such a center, and so emphasized the possibility first utilizing on a digital platform, as well as coordinating efforts with similarly oriented programs and departments on campus.

Additionally, members listed 31 small-scale suggestions to further enhance mindfulness at the college. Topics included 1) mindful pedagogy in the classroom, 2) expanded support for personal practices, 3) mindfulness in leadership, 4) outreach on Middlebury's successful initiatives, 5) reevaluation of physical infrastructure and time usage and 6) related well-being opportunities. Suggestions included: "Consider adding five minutes between classes at the Vermont campus to increase community bonding and reduce a hectic arrival when students need to travel across campus"; "Begin explicit discussions about the amount of time students are expected to devote to their job on a weekly basis (on average)," and "Create areas in dining halls at the College and for the schools that are set aside for silent eating (at least at breakfast)."

The 2016 report was presented to the Senior Leadership Group and submitted to the Envisioning Middlebury process as a framework for the future. A copy of the report is available at go/mindfulness/. Insights gained through the original 2015-2016 committee now inform the work of the Well-being Steering Committee, which launched this past fall. Composed of seven administrative, faculty, and staff members, this group continues to draw on the inquiries and expertise gathered in the first institutional call to mindfulness two years ago. The Well-being Steering Committee's compilation of knowledge, which covers everything from nutrition to spirituality to the development of meaningful relationships, can be found at go/well-being/. As the concept of mindfulness continues to gain legitimacy within higher education, instructors have increasingly adopted contemplative practices into their classroom pedagogy.

Rebecca Gould, Associate Professor of Environmental Studies and a member of the original In-House Advisory Committee, is one such example. In one class, she set up a contemplative conversation in lieu of a typical discussion.

"Instead of traditional argument and analysis, all of which I value highly, I thought an Emerson reading already would lend itself to a different mode," she recounted.

She dimmed the lights, asked everybody to close their eyes and introduced a shift away from the usual, high-paced discourse. For the next hour, a contemplative conversation unfolded. Students sat in thoughtful silence for a while, and then somebody spoke. After another stretch of silence, somebody else spoke. And so it went for the rest of the class period.

"It was less a discussion than a kind of seeding of ideas in a slow way," Gould said. "And then in the last ten minutes or so I wove together what it was I was hearing. It was a way for people to engage with the material in a very different way."

This type of contemplative conversation, which Gould tries to incorporate into at least one class session per semester, eases the burden of having to respond quickly and articulately to the last comment spoken aloud in the room. The constant flow of conversation that characterizes most classroom discourse makes way instead for large stretches of thoughtful silence. In this sense, less is more: Incessant talking for the sake of talking is eliminated. In the absence of structured discussion, students are given the opportunity to deeply listen to what their peers have to say.

"Because we had our eyes closed, I think people felt safer to experiment with their ideas or say something that they weren't so sure of," Gould said. "Sometimes students will tell me, 'Well, I wanted to say X, but my thought was half-formed, I wasn't sure I could express it correctly.' And I always say, 'Well, it's fine to have half-formed thoughts.' So I think doing it in this contemplative way, with eyes closed, just allows people to think about Emerson and not about themselves or how they're performing."

Cultivating mindfulness among students extends beyond explicitly contemplative practices in the classroom. Existing barriers to mindfulness within academia must also be addressed. As such, it is important to acknowledge the inverse relationship between heavy workloads and students' ability to engage mindfully with assigned texts.

"I think everyone recognizes that workload is a barrier, not just for students, but for faculty and staff," Spears said. "Philosophically it's not a barrier, because despite the work that we all do, we can still approach the work mindfully."

Within the time constraints of a fast-paced, twelve-week semester, however, Gould recognizes the importance of balancing the quality of academic inquiry with the quantity of material covered.

"I have cut down on my reading in almost all of my classes, to be able to sink in more deeply – so it's not explicitly contemplative, but it's in the same spirit," she said. "Rather than someone saying, 'I'm speed-reading Thoreau so then I can go on and speedread this book about race and the environment.' Why are we all here if we're all speed reading?"

DOES COLLEGE COMPETE WITH MINDFULNESS?

There is a dissonance between students' attitudes toward mindfulness – a potentially alienating concept – and the benefits that mindfulness might bring to their lives. Yet perhaps it is precisely the intense pressure that accompanies college life – the exhausting norm of "performing" our happiness on social media platforms and in everyday interactions, the burden to constantly be doing something "productive," and the eerie feeling that our work follows us wherever we go – that makes mindfulness such a powerful idea.

Maybe learning to live with more intention and less judgment, with a heightened awareness of how we feel and where we are, is what it would take to transition from simply surviving to thriving in college.

As Spears explained, "If you have a better understanding of where you are in the moment, you are better able to navigate what's in front of you."

"At a certain point, that frantic energy becomes wasted energy," Tobin added. "When the mind is too much on auto-pilot, we stop sleeping well, we stop nourishing our bodies the right way, all the classic things that go wrong in college in terms of wellness. And what mindfulness and meditation practices allow us to do is actually to be more effective. So even if you look at your calendar and the whole day is blocked, if mindfulness begins to be integrated into the way you move in the world, you can actually get more done. You can be more effective, you can be more creative, you can be more connected."

Tobin offered an example in terms of social interaction – a sphere of college life that can be both an escape from stress and a cause for FOMO (fear of missing out).

"You could spend an hour socializing, but you're not there," he said. "With mindfulness integrated into that experience, you could spend ten minutes and have that whole hour worth of true connection."

For some, the premise of mindfulness – that is, the practice of becoming intimately acquainted with our inner world – clashes with the expectations that college encourages, even demands, of students. In many cases, to engage in mindfulness is to temporarily inhabit a space of solitude, perhaps one more silent or empty than we are used to.

It can be challenging to imagine mindfulness, in all its quietude and self-reflection, as an appealing alternative to the endless social opportunities that the college experience offers. When we all live within walking distance of our closest friends, and when connecting with others is as simple as checking our Snapchat notifications or scrolling through our Facebook feed, the idea of intentional solitude may seem absurd, if not terrifying.

Yet perhaps it would be a mistake to conflate mindfulness with isolation, or solitude with loneliness.

"The collective expectation of a college campus, we can form it as a question: is it getting us what we want?" Tobin stated. "Are we actually becoming happy? Are all of our external doings actually bringing us closer to understanding ourselves and knowing a peaceful and happy experience within? The practices of mindfulness are inherently introverted – we go in and we look and we get quiet and still. But as you go in, you're actually more free to go out. The more that we take the time to set that foundation of quietness and that internal content, then we get to choose how we externally move, instead of being ruled by our mind. When we're ruled by our mind and we're always out, doing, then we need to be validated externally. These practices allow a bit more freedom within. We have to challenge the presumption that the way that we're externally motivated on campus and in the world is actually getting us the results that we want."

In contrast to the extraversion that is implicitly promoted in college, mindfulness encourages a tendency toward introversion – a willingness to look inward and to be okay with silence. That is not to say that extraverted people are inherently unmindful, or that introverts would not benefit from mindfulness techniques. Rather, if we are to take the concept of mindfulness seriously, perhaps it is time that we re-evaluate the standards by which we define the ideal college experience or the successful college student. Do we feel present in the spaces we inhabit, or do we show up for the sake of saying that we were there? When was the last time we asked ourselves, 'how am I feeling right now?' and listened to the answer? As we rush from one place to another, with screens in front of our faces for most the day, are we mindful, or are our minds full?

NOW WHAT?

From the intense academic workload to the constant distractions of living in a tiny bubble of a community to the fear of missing out, the nature of college seems antithetical to the concept of mindfulness at times. For some, formal opportunities to practice mindfulness may seem insufficient or irrelevant within an inherently un-mindful campus structure. After all, who has time to attend a yoga class or a guided meditation when balancing friendships, schoolwork and extracurriculars is difficult enough already? What is the point of focusing on our breath when staying afloat is a challenge in and of itself?

In our fast-paced and hyper-scheduled campus community, the prospect of "structured mindfulness" seems impossible, perhaps laughably ironic. And when we have been trained to constantly consume, perform and produce, simply sitting with our thoughts may feel oppositional to our purpose as students. For this reason, mindfulness can be challenging, even painful, to execute.

Given the lives we have been taught to lead, in what ways can we still practice and benefit from contemplative practices?

"The techniques themselves can be quite simple and brief, while yet having immediate and profound effect," Orten explained. "Something as simple as ringing a bell after sitting down to study. As with all things, they are what we give to them and make of them."

Within the constraints of time and energy to which we are all bound, there is value in taking that first, uncertain step.

"This is what I would say that is a break from the 'just make time' kind of attitude, which is just: set the intention," Tobin said. "How can we take five minutes at the beginning of the day and relegate it to the state of presence? Just five minutes. That will increase because it starts to draw its own energy, because we see the benefits, so we do more of it."

The structure of higher education promotes a "go, go, go" mentality – a constant displacement from the present moment and a perpetual worry for the future – that challenges our collective ability to be mindful. We look back each semester and wonder where the time went. This sense of disorientation is by no means unique to the college experience, but perhaps it is in the particularly fast-paced chaos of these formative years that the benefits of mindfulness can be most acutely felt.

"Let's agree that mindfulness is good for Middlebury students," Spears said. "How do you then do we bring students to that moment? It's difficult. I've come to believe that you address the opportunity almost on a one-to-one basis. You have to be willing to stop and pause and consider the invitation. You can't force it."

Quinn echoed this sentiment, stating, "Nobody's interested in making mindfulness mandatory, but rather making it available in orientation or having it pop up in class. The more you get exposed to mindfulness practices, the more they may seem like tangible modalities that are helpful."

In adopting mindfulness as an everyday ethic, we can change the way we experience our lives without changing a single material detail of our lives. And perhaps along the way, the structures that limit us may begin to shift.

"I would love for us, as a community, to do some serious thinking about whether and how we can change some of the deep structures of how we work," Gould said. "So, on the one hand, small practices of mindfulness can help us negotiate academic stress. But then a deeper question is, are there ways to actually change the structures themselves, to bring in different ways of learning that don't feel like they're a constraint on living a mindful life? Is there a way to actually rethink how we do what we do here?"

SUGGESTIONS FROM THE 2015-2016 MINDFULNESS STEERING COMMITTEE REPORT

#5: CONSIDER CREATING A MINDFULNESS/CONTEMPLATIVE CLUSTER DESIGNATION FOR STUDENTS WHO TAKE ENOUGH COURSES IN THIS AREA.

#12: USE ORIENTATIONS (FOR STUDENTS, FACULTY, AND STAFF) TO PRESENT INFORMATION ABOUT MINDFULNESS AND CONTEMPLATIVE OFFERINGS AT THE INSTITUTION. KEEP PRACTICE SESSIONS IN MIDDVIEW ORIENTATION.

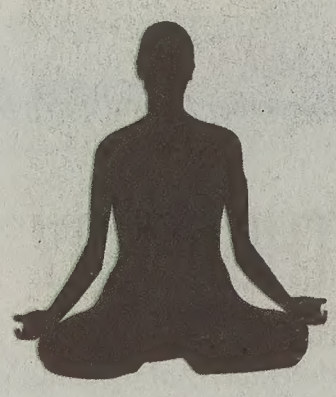
#13: CAPITALIZE ON EXISTING SPACE BY DESIGNATING MULTIPLE AREAS AT PARTICULAR TIMES AS "CONTEMPLATIVE SPACE." THIS WILL RESULT IN MULTIPLE, FLEXIBLE SPACES THAT ARE PROTECTD DURING CERTAIN, PREDICTABLE HOURS FOR CONTEMPLATIVE USE.

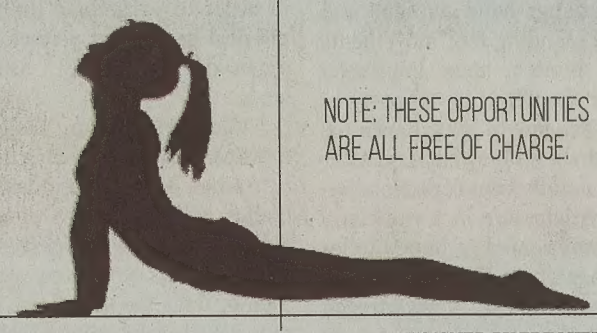
#19: PROVIDE SEED MONEY FOR FACULTY TO CONDUCT MINDFULNESS-RELATED RESEARCH AND TO ATTEND CONFERENCES IN THE AREA. IN ALL CASES, SHARING WHAT ONE LEARNS FROM THIS FUNDING WITH THE LARGER MIDDLEBURY COMMUNITY SHOULD BE EXPECTED.

#25: REDUCE THE NUMBER OF EXTRA EVENTS HAPPENING DURING THE LAST THREE WEEKS OF SESSIONS. THIS IS A HECTIC PERIOD AS STUDENTS WIN UP SEMESTER-LONG PROJECTS. ADDING OUT-OF-CLASS EVENTS AT THIS TIME IS COUNTERPRODUCTIVE IF THE GOAL IS LEARNING.

OPPORTUNITES FOR MINDFULNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:15-5:15 PM: FLOW HOME YOGA IN AXINN 220 5:00-6:15 PM: VINYASA FLOW YOGA IN MCFA DANCE STUDIO 109 7:00-8:15: SLOW VINYASA YOGA IN AXINN ABERNATHY LOUNGE 8:00-9:00 PM: PRAJNA STUDENT MEDITATION GROUP AT THE SCOTT CENTER	5:00-6:00 PM: VINYASA FLOW YOGA IN MCCULLOUGH MITCHELL GREEN LOUNGE	12:15-12:45 PM: WEEKLY MEDITATION AT MEAD CHAPEL 4:30-5:30 PM: REJUVENATING FLOW YOGA IN CHATEAU GRAND SALON 4:30-5:15 PM: MINDFULNESS MEDITATION IN THE MCCULLOUGH REFLECTION ROOM (ABOVE CREST ROOM) 5:30-5:30 PM: YOGA SCULPT IN CHATEAU GRAND SALON	5:00-6:00 PM: FUSION FLOW YOGA IN AXINN 220 5:00-6:00 PM: GROUP RELAXATION PRACTICE WITH GUIDED MEDITATION IN MCCULLOUGH MITCHELL GREEN LOUNGE	11:15-12:15 AM: HATHA YOGA IN ROSS COMMONS FIRST FLOOR LOUNGE 1:30-2:45 PM: YOGA SCULPT IN HEPBURN LOUNGE NOTE: THESE OPPORTUNITIES ARE ALL FREE OF CHARGE.





DESIGNED BY ERIN KELLY

SPORTS

FHOCK YEAH

TOP-10 MEN'S BASKETBALL PICKS UP WHERE LEFT OFF

MIDDLEBURY ATHLETIC COMMS

Ranked No. 8 in the preseason poll, the Panthers won their opening tournament and took care of business over Thanksgiving.

B8

WOMEN'S BASKETBALL 4–0, MORE NON-'CAC COMPETITION ON HORIZON

MIKE BORENSTEIN

Women's basketball starts off red hot at Emerson tourney and on the road. Their avg. margin of victory is over 25ppg.

B8

SWIMMING AND DIVING OFF THE BLOCKS

MIDDLEBURY ATHLETIC COMMS

Middlebury's swimming and diving teams get their feet wet against Tufts and Connecticut College to open up the 2017-18 season.

B3

PLAYER AND TEAM OF THE WEEK

B2

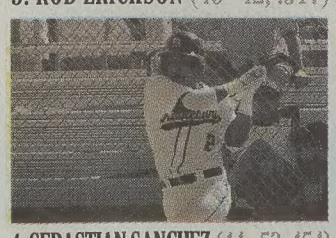
RIGAS' AND CASE'S CRYSTAL BALL OF NFL PICKS WISDOM

B2

EDITORS' PICKS

B3

3. ROB ERICKSON (45–42, .517)



4. SEBASTIAN SANCHEZ (44–53 .454)

ETHAN BRADY (9–5, .643)

MIDDLEBURY ATHLETIC COMMUNICATIONS

The Panthers celebrate at the end of their 4–0 win over Messiah in the national championship game for their third championship in program history.

FIELD HOCKEY WINS THIRD NATIONAL CHAMPIONSHIP

By HEATHER BOEHM

The second-ranked women's field hockey prepared to rush the field as the final seconds of the second half counted down, giving them their third national championship in program history. The Panthers cruised past No. 1 and previously undefeated Messiah College of Mechanicsburg, Pennsylvania, 4–0 on Sunday, Nov. 19 in Louisville, Kentucky, snapping Messiah's 44-game win streak. Middlebury earned its spot in the Finals after their Final Four triumph over 10th-ranked Franklin & Marshall 2–1 on Friday, Nov. 17, with Annie Leonard '18's game-winning goal in overtime.

The semifinal game was scoreless on the field of Bellarmine University until late in the first period. The Panthers finally broke through in the 24th minute when Grace Jennings '19 made her presence known. Off of an Erin Nicholas '21 pass, Julia Richards '20 crossed the ball into the goal area that Jennings deflected to the back of the net. [Coincidentally, in the DIII field hockey version of the Har-Bowl, Nicholas' sister Michaela was across the field opposing her on the Diplomats, making it a special day for the Nicholas family.]

The 1–0 lead the Jennings goal gave the Panthers would hold going into the half.

The Diplomats started off the second 35 minutes on the attack, penetrating the Panthers' half from the first whistle.

25 seconds in, Franklin & Marshall's Annie Horsley was awarded a penalty shot which she converted to even the score at 1. The Diplomats were unable to keep up the pressure though, and the Panthers managed to survive the subsequent 34 minutes that were relatively even. The score remained knotted at 1 as the time expired in regulation.

Middlebury wasted no time in determining which team was headed to the finals. With just over half a minute played in the sudden-death overtime period, Leonard slapped in the golden goal to earn the Panthers a spot in the championship.

Leonard's goal was impressive. She grabbed the ball in mid-air off of a deflection from a Diplomat defender and found an opening in the upper right side of the goal, giving the Panthers a chance to win their second national title in three years.

On Sunday, the Panthers faced a daunting task in the previously undefeated defending national champions in Messiah. Not only did the Falcons have a 44-game win streak dating back to last season, that streak included a win in the 2016 Regional Final over Middlebury.

The final was played at the University of Louisville on a crisp early evening in Trager Stadium. But, the Panthers were confident, having won their last 15 games. And, they had been here before, besting Bowdoin for the title in 2015.

Jennings commented on the team's previous matchup with Messiah the year before.

"We knew this year was totally different: they were a different team and so were we but we naturally carried a chip on our shoulder for our seniors last year," said Jennings. "Obviously winning a national championship is great but beating a team that you only get to play in the playoffs and avenging the last game does make the win that much better."

Messiah almost had the Panthers in a hole early on, forcing Middlebury to shut down a penalty corner opportunity with just under six minutes gone in the battle. Less than five minutes later, Middlebury struck first. Kelly Coyle '20 skillfully grabbed the rebound off of a shot from Friday's hero, Leonard, and hammered it past the Falcon goalie to give the Panthers the lead.

To the surprise of the confident Messiah contingent that the Falcon's section of the stands, Jennings increased the Panthers total to two less than four minutes later after she intercepted an errant Messiah pass. Middlebury the rattled the Falcons even further, with yet another point less than five minutes later when Richards artfully slipped a ball past the Messiah goalie to award Middlebury with a three goal lead heading into intermission.

Richards reflected on her momentum-shifting goal in a big-time moment.

"Scoring a goal in this game was an indescribable experience," said Richards. "Our objective going into the game was to capitalize on any and all opportunities, and I'm so happy that I was able to contribute."

A little more than ten minutes into the second stanza, Messiah almost broke the shutout, but their shot was denied.

Middlebury registered its fourth and final goal with under 21 minutes remaining in the match, when Audrey Quirk '18 shot the ball to the left side of the goalie.

The 4–0 shut-out held as time ran out, marking the first time that Messiah had been shutout since 2015 (58 games).

Abby Furdak '21 stopped six shots on goal, en route to her seventh shutout of the season.

"Coach DeLorenzo is an absolute magician when it comes to field hockey, and she created layers with our line up to play to everyone's strengths," said Jennings. "What makes teams great is when everyone has a different role due to their strengths, and when they are playing to their strengths they are complementing those of another teammate. Coach DeLorenzo understood this better than anyone and cooked up a national championship team out of the ingredients she had."

Lauren Schweppe '18 was named the tournament's Most Outstanding Player, while Jennings, Furdak, and Leonard claimed all-tournament team recognition.

Not only were Middlebury's four goals the most ever for the Panthers in the championship game, but the margin of victory was also the greatest ever in an NCAA DIII Final.

MIDDLEBURY ATHLETIC COMMUNICATIONS

The Panthers hoist the NCAA championship trophy on University of Louisville's Trager Stadium.

FIELD HOCKEY: THE EXIT INTERVIEW

By ROB ERICKSON

After the dust settled on their national title, we chased down the star-studded senior class — Annie Leonard, Lauren Schweppe, Caroline Knapp, Carson Peacock, Audrey Quirk, and Eva Dunphy — of the field hockey team and asked them to share some thoughts on their tremendous careers and their fitting capstone season. Read on for some brief excerpts of what they had to say.

On what it's like to be a member of the Middlebury field hockey team:

Eva Dunphy: Something that has made being a member of this team so special is that, since we joined the team, it has always felt like one big family. I've been on a lot of different teams, but I've never been on one that has been as loving, supportive and close as the the one this program has cultivated.

Caroline Knapp: When we are together we try not to separate by class, which is a huge positive of our team. We all hang out and joke around with each other, and it is unimportant what year someone is. Over the past few years, older players always emphasized that everyone must have space to have her voice heard, so that every individual feels like she has a place, no matter if she is a first-year, sophomore, junior, or senior. I feel like I'm always learning from my teammates, regardless of their year.

Lauren Schweppe: Our coaching staff, led by Coach [Katharine] DeLorenzo is the heart and soul of the team. DeLo is more than a coach to her players. Throughout my four years on the team she has always put emphasis on fulfilling our potential as people and not just as athletes.

Carson Peacock: Having the opportunity to play for Coach DeLorenzo has taught me more about how to be the kind of person that I want to be than anything else. She is unyieldingly dedicated to the game and this team and she pours herself wholeheartedly into each season. She has taught me about passion, hard work, and attention to detail; how to lead by example, how to expect results from those working with me, and what it means to work and operate within a team. She has showed me how I can create the kind of relationships that I want and has helped me to understand the kind of person that I want to be.

I know that all of the seniors are so incredibly grateful for her expertise, love and support and that it would have been a completely different team and an entirely different four years without her.

On their historic 2017 championship run:

Peacock: This season felt different than any other. Like every year, we went into the season hungry for a championship. However, I would say that it wasn't until after about halfway through the season that we realized how good we were and how serious of a shot we had.

I distinctly remember talking to Audrey [Quirk] and commenting on the fact that we were going to win it all, that we just knew somehow, a kind of feeling that we had never had before. And I think a lot of that feeling came from how the team approached the game this season.

While many teams were eager and enthusiastic to take us down, our team was never concerned with how other teams saw us. We knew and treated every game as if it would be competitive. There was an attention to detail that was wholly embraced by the entire team, and this made us seniors, as leaders of the team, feel more confident in this team than we had

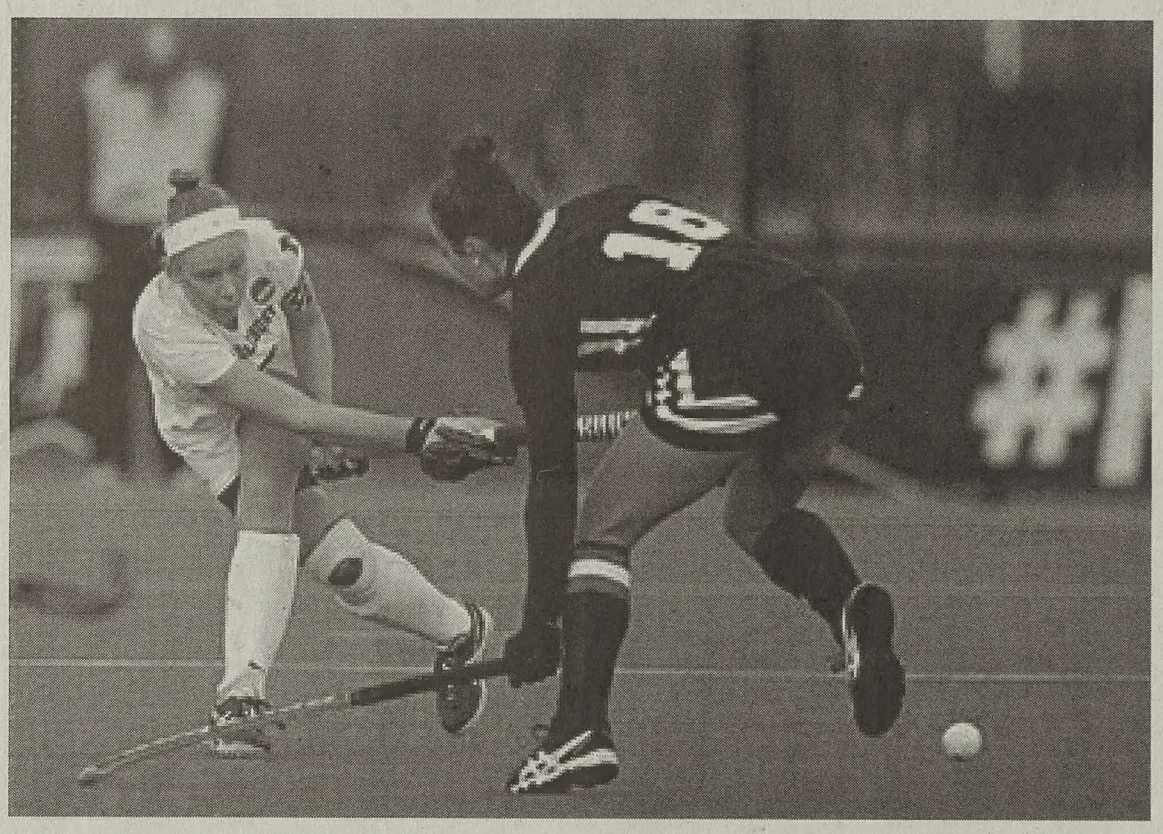
Continued on B7

Panther Team of the Week:
Field Hockey

MIDLLEBURY ATHLETIC COMMUNICATIONS

Who else could it be? The Panthers won their third national championship in program history on Sunday, Dec. 19, defeating Messiah 4–0 at the University of Louisville. Middlebury revenged its loss to Messiah in last year's NCAA tournament, ending the Falcons 44-game win streak. En route to the national championship, the Panthers outscored its NCAA opponents 16–1. Head coach Katharine DeLorenzo improved her record to 266–60 (.816) as coach of Middlebury and extended her streak to 15-straight NCAA tournament appearances. The graduating class of seniors finish their careers with 70–12 records and two national championships.

Panther Player of the Week:
Lauren Schweppe '18



MIDLLEBURY ATHLETIC COMMUNICATIONS

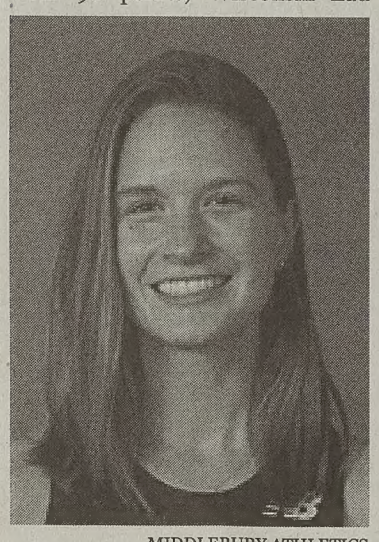
Lauren Schweppe '18 and the rest of the field hockey seniors went out with a bang, winning their second national championship as Panthers on Sunday, Dec. 19. Schweppe was named the NCAA tournament's most outstanding player for her efforts, as she played every single minute in the tournament. Schweppe and the Panther defense gave up only one goal in four tournament games, while she also contributed one goal and two assists. Schweppe finished her career having played in 62 games and started in 43 of those. She scored nineteen career goals and added 16 assists. Schweppe and her fellow seniors made history, becoming the first class, along with the class of 2019, to win two national championships. They finished their careers with a sparkling 74–11 record, the two national championships and two Nescac championships.

CROSS COUNTRY TEAMS FINISH STRONG

By JORDAN HOWELL

The women's and men's cross country teams capped off their seasons at the NCAA Championships on Saturday, Nov. 18, hosted by Principia College in Elsah, Illinois. In fields of 32, both teams finished in the top half of the competition. The women's team finished 11th with a score of 400 points, and the men's team 15th with a score of 416.

The top three teams in the women's championship were new national champion, Johns Hopkins, with 96 points, Wisconsin–Eau Claire with 191 points, and Washington University with 202.



MIDDLEBURY ATHLETICS

Abigail Nadler '19.

Abigail Nadler '19 led Middlebury with a time of 21:00.9, only 21 seconds off the pace set by the top finisher. Nadler's time earned her a seventh-place finish in a race of 279 runners, as well as All-American honors for the third straight season.

Rory Kelly '19 crossed the line in 22:09.3 and Katherine MacCary '19 came in at 22:20.7. Meg Wilson '20 and Read Allen '18 rounded out Middlebury's scoring with respective times of 22:47.9 and 22:50.

On the men's side, North Central were crowned the new national champs as they finished with a team score of 57. North Central was followed by Wisconsin-LaCrosse which recorded 196 points, and Christopher Newport with a score of 221.

Ascencion Aispuro '18 led Middlebury by crossing the finish line in 32nd-place out of 279 runners with a time of 24:54.26. Aispuro earned All-American honors for his finish.

"Earning All-American was a perfect way to go out as a senior," said Aispuro. "Coming from an immigrant family, this honor means a lot for my family and me. I am a first generation college student and first generation American so reaching an honor this high makes my parents' sacrifices beyond worth it. It's a great payoff for countless miles, hill repeats, and hours in the gym."

Next up for Middlebury were Matt D'Aquila '21 and Theo Henderson '20 who finished with respective times of 25:26.91 and 25:45.33. Then came Harrison Knowlton '19 with a time of 25:47.48. Knowlton was followed by the team's last scorer, Miles Meijer '19 who finished in 25:49.55.

"Everyone on the team did very well," Aispuro said. "We've been progressing all season and nationals was a good cap to it all. Everyone stepped up, especially with an alternate change with less than an hour to go to start time. The women went hard, literally bleeding through the race after a spiking incident. Everyone was in a good mood and we were all happy to end the season improving our position from last year's result."

However, Aispuro also showed how the team is making sure to look ahead and stay motivated.

"Overall we did very well, there is always room for improvement. We simply can't be content," said Aispuro. "The first-years on the team are very energetic and I hope they keep that up for their entire careers. We're a young team so our future really depends on them."

RIGAS' AND CASE'S NFL PICKS

WAS @ DAL (-1.5) Tonight 8:25 ET, NFL o/u: 44	Rigas: DAL, over Case: WAS, over
DET (+3) @ BAL 1 ET, FOX o/u: 42	Rigas: DET, under Case: DET, under
SF @ CHI (-3.5) 1 ET, FOX o/u: 39.5	Rigas: SF, under Case: CHI, under
MIN @ ATL (-3) 1 ET, FOX o/u: 47.5	Rigas: ATL, over Case: MIN, under
NE (-8.5) @ BUF 1 ET, CBS o/u: 49	Rigas: BUF, under Case: BUF, over
DEN @ MIA pk 1 ET, CBS o/u: 38.5	Rigas: MIA, over Case: DEN, under
HOU @ TEN (-7) 1 ET, CBS o/u: 42	Rigas: TEN, under Case: TEN, under
IND (+9.5) @ JAX 1 ET, CBS o/u: 40.5	Rigas: IND, under Case: IND, under
CLE @ LAC (-13) 4:05 ET, CBS o/u: 42.5	Rigas: LAC, under Case: LAC, over
KC (-4) @ NYJ 4:05 ET, CBS o/u: 43.5	Rigas: KC, over Case: NYJ, under
CAR @ NO (-3.5) 4:25 ET, FOX o/u: 48	Rigas: NO, over Case: NO, over
LAR (-6) @ ARZ 4:25 ET, FOX o/u: 45.5	Rigas: LAR, over Case: LAR, under
NYG @ OAK (-7.5) 4:25 ET, FOX o/u: 40.5	Rigas: OAK, over Case: OAK, over
PHI (-6) @ SEA SNF, NBC o/u: 48.5	Rigas: SEA, under Case: SEA, under
PIT (-6.5) @ CIN MNF, ESPN o/u: 43	Rigas: PIT, over Case: PIT, over
Last Week: Rigas: 10–18 Case: 16–12	
Overall: Rigas: 1113–1118 Case: 119–112	

RIGAS' AND CASE'S NBA PICKS

76ers @ Celtics
Tonight 7:30 ET
Case: Celtics
Rigas: Celtics

T-Wolves @ OKC
Friday 8 ET
Case: OKC
Rigas: T-Wolves

Pelicans @ Trail Blazers
Saturday 10 ET
Case: Pels
Rigas: Blazers

Spurs @ OKC
Sunday 7 ET
Case: Spurs
Rigas: Spurs

Knicks @ Pacers
Monday 7 ET
Case: Pacers
Rigas: Knicks

RIGAS' AND CASE'S CBB PICKS

No. 5 ND @ No. 3 MICH St.
Tonight 7 ET
Case: ND
Rigas: ND

No. 25 Creighton @ No. 15 Gonzaga
Friday 10 ET
Case: Zags
Rigas: Creighton

No. 11 Cincinnati @ No. 21 Xavier
Saturday noon ET
Case: Xavier
Rigas: Cincy

No. 8 Wichita St. @ No. 16 Baylor
Sat 2 ET
Case: Shockers
Rigas: Wichita St.

GREAT 8 EIGHT

RANKING **TEAM**
Rigas' Reasoning

1 **Field Hockey**
Natty Champs!

2 **Men's Basketball**
A 4–0 start to the season isn't too shabby. Jack Daly '18 has been as good or better than expected, and other guys are chipping in.

3 **Women's Basketball**
A 4–0 start for the women too, which is the first time they have done that in seven seasons.

4 **Women's Hockey**
Two tough losses against top-five teams this past weekend, but the Panthers showed they're still one of the top teams in the Nescac the weekend before that. Big weekend against Conn. College this weekend.

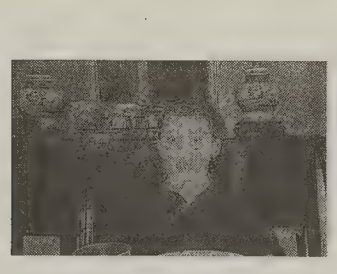
5 **Cross Country**
Both teams finished in the top half of the field at the NCAA national championships.

6 **Men's Hockey**
Another tough start to the season. They'll look to bounce back this weekend.

7 **Swimming & Diving**
Tough start for swimming & diving too. There were bright spots though, including first-years Charles Quinn and Kevin Santoro.

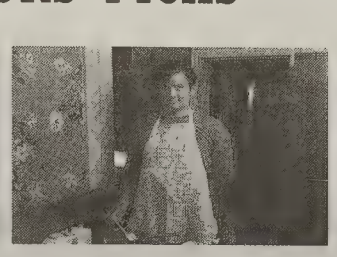
8 **Katharine DeLorenzo**
Another remarkable season, what's become the norm for field hockey under DeLorenzo.

EDITORS' PICKS

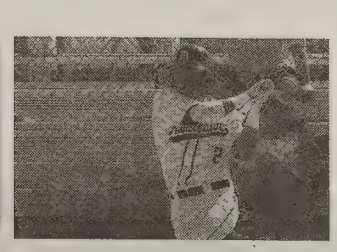


1. WILL CASE (123–79, .609)

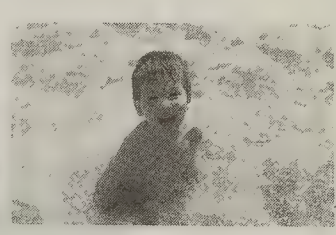
2. ANDREW RIGAS (103–77, .572)



3. ROB ERICKSON (48–45, .516)



4. SEBASTIAN SANCHEZ (49–54 .476)



ETHAN BRADY (12–8, .600)

WOMEN'S HOCKEY: Over/Under 3.5 assists for Maddie Winslow '18 (6 assists in 4 games this season) in doubleheader against Conn. College this weekend.	UNDER They'll win. She'll find the back of the net and dish out some assists. But she'll go under.	UNDER She may not get four assists, but I predict Winslow is going to get in the scoring column this weekend, possibly in spectacular fashion.	OVER Big things this year for Winslow.	OVER Winslow has been on a streak that is unbelievable. Stay tuned on her for the rest of the season.	OVER Sending B2S vibes your way, Maddie.
Women's Basketball: Middlebury (-21) @ Colby-Sawyer on Friday, Dec. 1.	COLBY-SAWYER Our stats guy reminds us we beat CS by 21 last year [the reason for this line]. I say we win by 15 – 20 on the road.	MIDDLEBURY I think they have something special this year. And that includes putting a bigger beat-down on CS than last year.	COLBY-SAWYER Women's bball wins by 25, gotta be blue baby.	MIDDLEBURY Women's bball wins by 25, gotta be blue baby.	MIDDLEBURY How can you not?

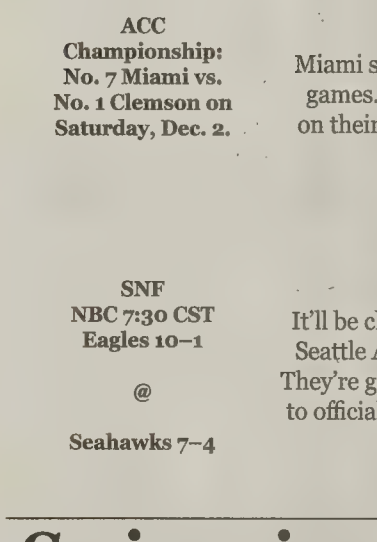
CFB Quintuple-Dipping:

Pac-12 Championship: No. 14 Stanford vs. No. 11 USC on Friday, Dec. 1.	STANFORD Hard to beat the same team twice in one season, see below.	USC Sam Darnold may be a Bill come this spring. He's so excited by that prospect that he takes it to Stanford this weekend.	USC	STANFORD	USC Will has it right, for once.
Big 12 Championship: No. 10 TCU vs. No. 2 Oklahoma on Saturday, Dec. 2.	BOOMER SOONER When the Big 12 had a title, it often came back to bite them. Then they didn't...it hurt them. Now they have it back, so TCU will make it close, but Mayfield leads a game-winning drive in a shockingly low-scorer..	OKLAHOMA Baker Mayfield will not be denied.	OKLAHOMA	TCU I think Mr. Mayfield is overrated.	OKLAHOMA As I said two weeks ago... Riff Raff doesn't lie.
SEC Championship: No. 6 Georgia vs. No. 4 Auburn on Saturday, Dec. 2.	AUBURN Not confident, but I think Georgia isn't ready for this.	AUBURN They just beat the great Nick Saban. That must say something about these guys.	AUBURN	AUBURN Auburn takes the cake over Georgia after a stellar win over 'Bama.	AUBURN Obvi
B1G Ten Championship: No. 8 Ohio St. vs. No. 3 Wisconsin on Saturday, Dec. 2.	OHIO STATE I want Wisconsin to win so badly. But the Buckeyes unfortunately roll. Hope they don't win convincingly enough to get picked for the CFP...but it may happen.	WISCONSIN Because Wisconsin is the more likeable team.	OHIO STATE	WISCONSIN	OHIO STATE Go Bucs
ACC Championship: No. 7 Miami vs. No. 1 Clemson on Saturday, Dec. 2.	CLEMSON Miami shows up for the big games. But the big 'mo is on their side. Clemson in a nailbiter.	CLEMSON Miami has looked terrible since their big win over ND. The better team is going to win.	MIAMI	CLEMSON Clemson easily dismantles Miami - the chain is whack.	CLEMSON I have a personal stake in this one.
SNF NBC 7:30 CST Eagles 10–1 @ Seahawks 7–4	EAGLES It'll be close, and I'm taking Seattle ATS. Eagles by two. They're going to be motivated to officially wrap up the NFC Least.	SEAHAWKS The Eagles have only beaten one team over .500 this year. It's going to stay that way.	EAGLES For sure.	EAGLES In Wentz we trust.	EAGLES It amazes me, but there's no doubt here.

Swimming and Diving Beat to the Wall in First Two Meets

By LAUREN BOYD

The men's and women's swimming and diving teams began their 2017–18 season on Saturday, Nov. 18, with a home opener against Connecticut College on Nov. 18 in the newly refurbished Natatorium. Both the men's and women's teams were defeated by the Camels, 176–104 and 191–103, respectively. The Panther squads also fell to Tufts at the Nat the next day, Nov. 19, in their second meet of the season as the men's team fell short 175–100 and the women's team lost a closely contested meet 155–134.



MIDDLEBURY ATHLETICS

Frances VanderMeer '20.

On the women's side against Connecticut College, Georgia Houde '20 and Frances VanderMeer '20 had first-place finishes for the Panthers. Houde won the 1,000 free and her time of 11:06.14 was a full three seconds faster than her nearest competitor, which happened to be first-year Sarah McEachern '21.

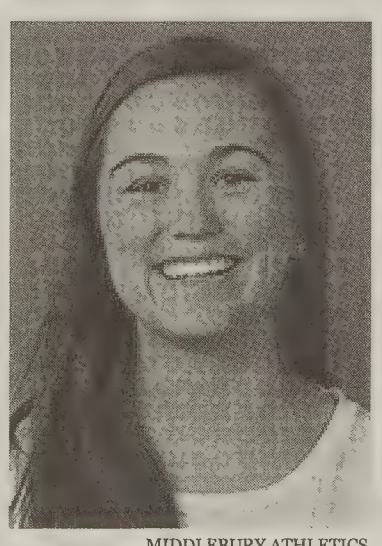
CONNECTICUT 191
MIDDLEBURY 103

VanderMeer whipped through the pool in 58.78 seconds to win the 100 butterfly and managed to place second in the 50 free.

The men's side also claimed two individual victories in the Connecticut College meet. Kevin Santoro '21 swam the 200 backstroke in 1:59.47 and Connor McCormick '18 swam the 200 breaststroke in 2:12.94 to put the Panthers atop the podium in those events. Charles Quinn '20 touched the wall .26 seconds after Santoro for a time of 1:59.73 which was good for a second-place finish in the 200 backstroke.

CONNECTICUT 176
MIDDLEBURY 104

In addition to winning the 200 breastroke, McCormick also snatched second place in both the 200 individual medley (2:01.75) and 200 free (1:47.42).



MIDDLEBURY ATHLETICS

Elissa DeNunzio '18.

For the diving squads, the women got a first-place finish by Elissa DeNunzio '18, who won both the 1-meter and 3-meter competitions. She registered a 244.95 in the 1-meter and a 251.85 in the 3-meter.

Mike Chirico '20 of the men's side also claimed a pair of first-place finishes for the Panthers in the 1- and 3-meters dives. He scored 290.55 points in the 1-meter competition and 272.70 in the 3-meter event.

The Panthers fared better against Tufts in their second meet of the season.

On the women's side, the team managed five first-place finishes, three of which were individual.

VanderMeer continued her success in the pool, winning two events for the women's team. She won the 50 backstroke (27.50) and 100 freestyle (53.79), while teammate Stephanie Andrews '18 placed first in the 50 freestyle (25.36).

VanderMeer and Andrews were a part of the triumphant 200- and 400-yard medley relay teams.

In the 200, VandeerMeer and Andrews teamed up with with Maya Gomez '20 and Kelly Delane '18 to win with a time of 1:50.04. VandeerMeer, Andrews and Gomez were joined by Erin Kelly '21 in the 400-yard freestyle relay victory, touching the wall in 3:40.69.

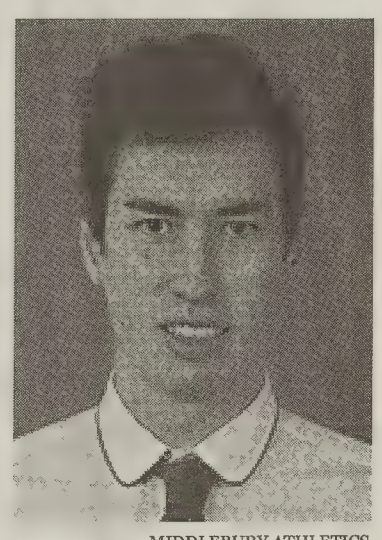
The men's team was victorious in 3 events in the Tufts meet.

Brandon Leech '19 won the 100 backstroke event, finishing in a time of 55.05. Quinn captured his first event-victory of the season in the 200 individual medley which he completed in 2:01.69.

The 400-yard freestyle relay team of Leech, Cory Jalbert '21, McCormick, and Christian Chiang '20 won the third of the Panthers events in the Tufts meet. The four finished with a time of 3:18.74.

On the boards, DeNunzio and Chirico both continued to clamp-down on the 1- and 3-meter events for the Panthers.

DeNunzio got 234 points in the 1-meter and 233.48 in the 3-meter, while Chirico claimed the 1-meter competition with 292.58 points and the 3-meter by racking up 252.68 points.



MIDDLEBURY ATHLETICS

Connor McCormick '18.

The Panthers will be back in the pool this Saturday, Dec. 2, when they travel to Amherst, Massachusetts, for a meet with the Mammoths and the Panthers' first away matchup of the season.

ALEXIS CLAY

Job Information

CLASSIFICATION INFORMATION

Classification Title	TOAST MONITOR
LEVEL	LEVEL ☺ (1 "thank you"/hour)
JOB Description	• Wait around for the 3 to 4 turns in the toaster it takes to actually toast bread. • Have awkward social interactions after accidentally grabbing somebody else's toast. • Explain to people impatiently waiting that the speed control knobs don't work anymore.
LOCATION	PROCTOR OR ATWATER,

SUPPLEMENTAL QUESTIONS

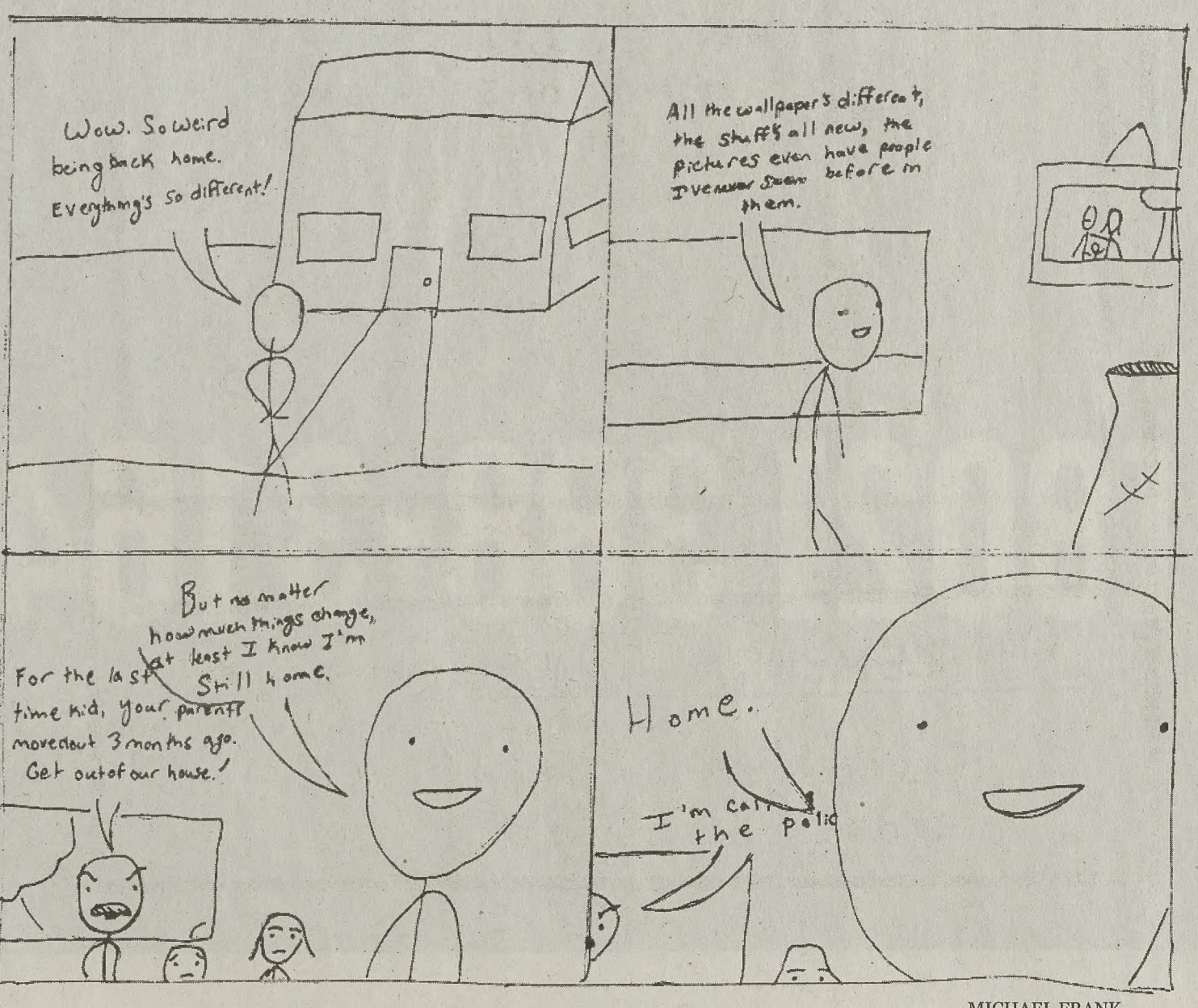
1. Seeded or fruited?
2. Wedges or cubes?

JILL STAUFFER

Honest Conversations
Hey! How are you?
Bad! And yourself?
Feeling like straight garbage, emotionally and physically, thanks for asking!
Great! I'm gonna go cry in the bathroom. See you in chem!
Bye!

KAITLYND COLLINS

JENNY MOSS

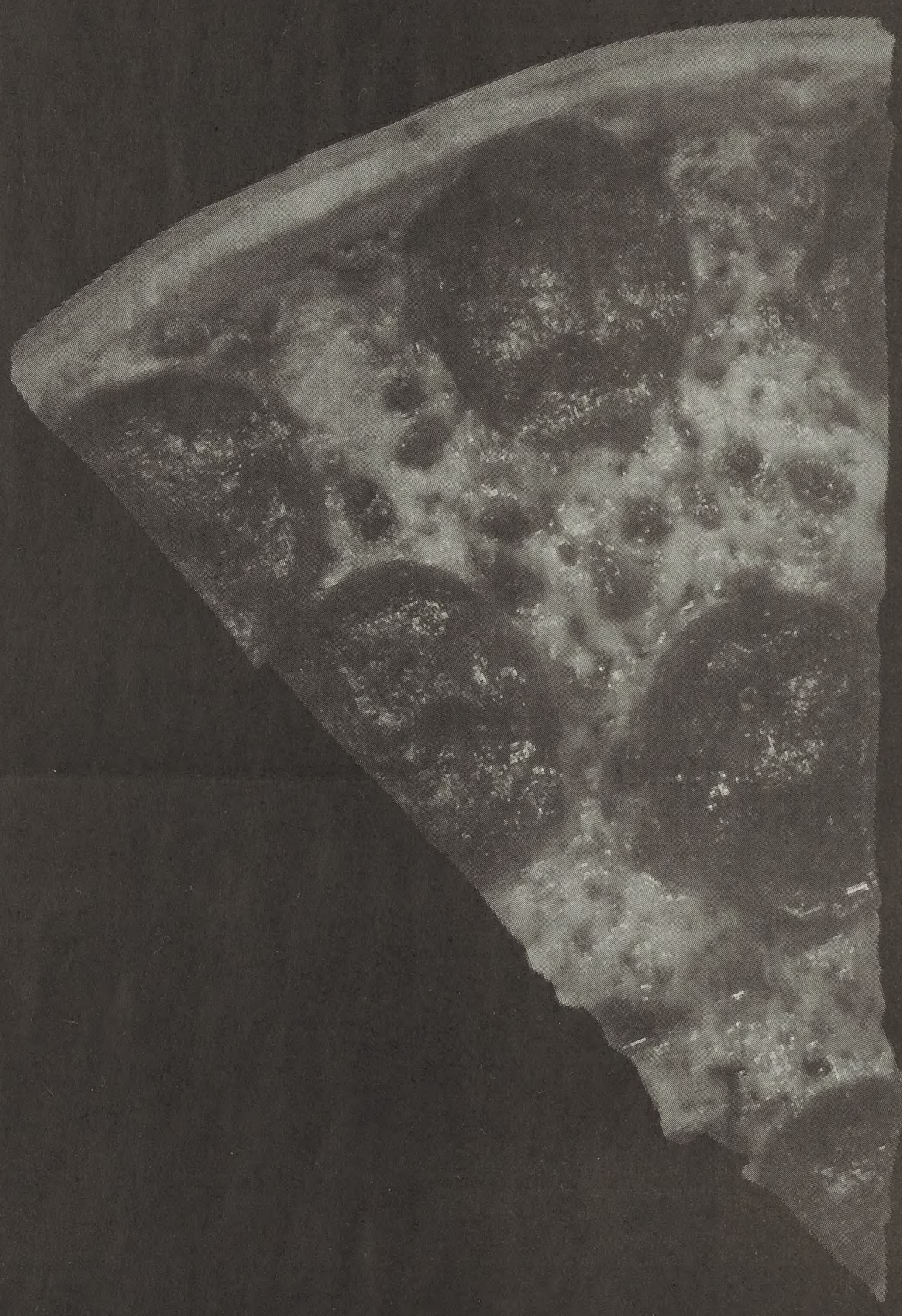

Wow. So weird being back home. Everything's so different!
All the wallpaper's different, the stuff's all new, the pictures even have people I've never seen before in them.
But no matter how much things change, at least I know I'm still home.
For the last time kid, your parents moved out 3 months ago. Get out of our house!
Home.

MICHAEL FRANK

THE OFFICIAL PIZZA OF THE MIDDLEBURY CAMPUS

GREEN PEPPERS

LOCAL | HANDCRAFTED | FRESHLY PREPARED | AT YOUR CONVENIENCE



[802] 388-3164

Rocky Start for Men's Hockey, As They Fall to 0–4

By HEATHER BOEHM

The men's hockey season is in full swing, with four games under the Panthers' belts. The Panthers took to the ice on Saturday, Nov. 18, at Kenyon Arena looking to improve on last years run. With an 0–4 start, after their first two weekends of play, the young team is figuring out where it needs work and the pace of Nescac play.

The Panthers dropped the season opener to Colby falling 9–1. Saturday they tightened up their play and challenged Bowdoin in a 2–0 loss.

On Nov. 18, in the season opener, the Mules cruised past the Panthers from the first few minutes of the competition. Colby quickly got to work and broke past the Panther defense. At 2:43 in the opening period, the Mules' Mike Rudolph found teammate Mario Benicky who tallied the first goal of the contest. Unfortunately for the Panthers, Colby did not take long to double their total within the first five minutes of play as another shot whistled past Panther goalie Stephen Klein '18.

Less than 20 seconds later, Middlebury's response came from Brendan Dawson '20. He kept the Panthers in the game after creating his own opportunity and going the length of the ice for the tally. This cut the Colby lead to one goal as they headed into the second period. Middlebury would be unable to add to their total despite a number of scoring opportunities, including a couple of chances later on in the match.

Building off of momentum, the Mules capitalized on their lead netting three shots past the Panther goalie in the second period. Two of those strikes were on Mule power plays - at the 15:46 and 7:34 marks. The Panthers wasted a golden opportunity in that stanza, failing to score despite having a five on three power play advantage for almost two minutes.

In the last period, Colby continued to exploit a porous Middlebury defense, increasing their advantage by four. Benicky and J.P. Schuhlen each realized a hat trick, which helped to solidify the Mules' first conference victory of the season.

Klein shared time between the pipes with Brian Ketchabaw '20 and Henry Cutting '19. The three netminders had 18, nine, and three saves respectively. Middlebury trailed Colby in shots on goal by 39–23, going a long way to explain the significant score differential.

Trevor Turnbull '20 reflected on the team's first appearance.

"I think it was more about execution than strategy," said Turnbull. "We have a young team that is eager to erase last year's mistakes, and I think that played against us come game time being that we came out with more nerves than energy."

These nerves would come up again as Middlebury took to the ice to face Bowdoin the next day on Nov. 19. While the result was not the desired outcome, the Panthers showed a much improved defense that allowed only two goals to the visiting Polar Bears.

Bowdoin, coming off an 8–16–1 season last year, batted the puck past the Panther goalie with 11:43 gone in the first period to capture the early lead. The Panthers had a few opportunities within the first few minutes, but the visitors from Brunswick denied their attempts.

In the second period, the Panthers came to life outshooting the Polar Bears 13–5, but they were unable to capitalize on this significant shot differential.

Bowdoin secured their first triumph of the season with under eight minutes left in the game, when Thomas Dunleavy knocked a rebound past Middlebury.

With under two minutes of play, the Panthers had a power play and were up by two players where they pulled Klein to try to force a goal, and put them on the board. But, Bowdoin's defense was bulletproof, however, and they were able to maintain their shutout.

The Panthers showed offensive improvement compared to their duel against Colby, by outshooting the Polar Bears 39–27.

"This week we are going to practice keeping our game fast and simple, trying to not do too much with the puck," said Joey Piccinini '20 after the opening-weekend thud. "If we are just able to do the little things better, we should see some success in the tournament this weekend."

While Piccinini's statement reflected the team's optimism, it was not enough for the Panthers to come out on top this past weekend against either Lawrence and Norwich. The Panthers kept busy over the break and celebrated Thanksgiving by skating around their home rink at the PrimeLink Great Northern Shootout. The tournament's contenders included Middlebury, Norwhich, Lawrence, and Plattsburgh State.

The Panthers were knocked out of the main draw with a 6–3 loss to Lawrence, although Middlebury started to show some significant strides as they led 2–1 after one period and were tied half way through the third.

Nonetheless, the Panthers put up a strong fight against Lawrence in Kenyon Arena in the first round. Middlebury came out firing in the first period, with an aggressive offense that the Vikings were not prepared to face. The Panthers wasted no time in penetrating the Lawrence defense, and ultimately found their opportunity.

In the first few minutes, transfer Owen Powers '20 paved the way for the first goal of the game as he swatted the puck back to Ryan Ashe '21 after winning a faceoff. It was Michael Fahie '21 who then found the back of the net and pulled the Panthers ahead. But the Vikings took less than three minutes to respond to the Panthers, equalizing the score. The Panthers proceeded to double their lead when Kamil Tkaczuk '19 found an opening past the Viking goalie at the 8:59 mark.

Middlebury's greatest challenge throughout the second period came from numerous penalties. However, the stanza held scoreless until Lawrence was able to breach the Panther defense and climb to 2–2 heading into the final time frame.

With a tie game on the line, the Panthers would have to compete with the intensity they had in the first period in the last 20 minutes.

Three minutes into the last stanza though, Lawrence's Jake Roeper slid a shot past the Middlebury keeper, lifting them to a one goal advantage. But, the Panthers were able to momentarily erase the Vikings' lead after Powers skillfully struck a shot past their goalie. This would be Middlebury's last response to Lawrence, as the Vikings secured their spot in the next round of the tournament slapping back three quick goals past the Middlebury defense and finalizing the total to 6–3.

"The biggest thing for us is tightening up our systems and playing a full 60 minutes," said Ethan Cohen '19. "The team we are capable of being has been there in stretches all season, and it was there for much of this weekend.

"Focusing on cutting down on mistakes will get us where we need to be," Cohen added. "It's definitely early enough to turn the season around and we believe that we're capable of doing so."

Finally, last Saturday Nov. 25, the Panthers looked to take another step forward against the defending national champion, Norwich, in the consolation round. While the Panthers came up short in the tall task, losing 5–1, they had an opportunity to match up in the season's early going against one of the country's best.

For the first nine minutes of the matchup, neither team was able to get on the board. It was only off of a power play that Norwich tallied their first goal. Seconds before the 15 minute mark, Fahie tapped in the second goal of his career as a Panther, matching the Cadets' total and pulling the Panthers even 1–1 with the national champs. Unfortunately, this would be Middlebury's last scoring play of the tournament.

The Cadets would go on to net four more shots in the last two periods, with no response from the hosts. Middlebury only trailed Norwich 33–27 in shots on goal, but they were not able to capitalize on these opportunities as Cadet goalie Tom Aubrun was stellar, recording 26 saves. Middlebury also failed to exploit three power play opportunities, coming up empty handed on each of them.

Fahie was named to the all-tournament team.

The men's hockey team will continue to battle for their first victory this weekend against another couple of Nescac rivals. Tomorrow they will be at Connecticut College and Saturday they travel to play at Tufts.

Reaction of the Champions

Continued from B1

ever felt before.

Annie Leonard: What's most exciting about the postseason is that previous games, records, and statistics are irrelevant: the team that shows up to play is the one that will come out ahead. When November rolled around, we were a totally different team than we were in pre-season, and even than we were in our last regular season game.

We found our rhythm on the field and there was an energy and feeling of connectedness with our passes and set plays that is almost indescribable.

In postseason, nothing is guaranteed, but the team thrives under that constant pressure and it brings out the best in us. Knowing the end goal and how badly we all wanted it maintained our focus. We never let any circumstances affect our game; it was mental toughness that propelled us forward.

MIDLLEBURY ATHLETIC COMMUNICATIONS

On the 2017 NCAA Championship match, a 4–0 victory over reigning national champion Messiah:

Leonard: As seniors, having the opportunity to play our last collegiate game on a beautiful field against the team that ended our season last year, and for the championship title, there wasn't really much else we could ask for. The circumstances were beyond perfect.

There were definitely some butterflies going into the game, but more for excitement than nerves. In the end, we were looking to play the best game of field hockey we've ever played, and we did just that, both on an individual and team level.

Statistically speaking, the game was evenly split, but we capitalized on our opportunities, which allowed us to maintain pressure on our opponents up until the 70th minute.

Winning the game, it was a feeling of pure joy, of happiness, of accomplishment, and of pride. Especially as seniors, we knew what it felt like to win a national championship and wanted nothing more than for our underclassmen to experience that same incredible feeling. For us, to have and share that feeling one more time is particularly special.

On what they hope to have left behind, and the teammates who will carry the standard:

Knapp: The legacy that I hope we leave behind is one of passion, drive, compassion, and support, not just within the realm of athletics but also in life. Being a great field hockey player alone is not what has made this team so wonderful to be on and successful, though that is obviously a piece of it, but rather it is being around supportive teammates, who want to hear how your day was, want to know how you are doing, and want to lift you up.

That support will continue to be a part of the core of this team and benefit each member. I know that I've benefited greatly from this support system and can only help that I have given back to my teammates, what they have given me.

Dunphy: The program is headed in such a good direction — there is so much talent and the returning players are an amazing group of players and people. The rising seniors are already great team leaders. They'll do a great job instilling the values important to MCFH in the incoming group of first-years and setting an example for the rest of the team.

Schweppe: As seniors, we couldn't have asked for a better group of underclassmen. I know their energy and love for the team and for field hockey will carry over in years to come. The advice I would give to the underclassmen is to value and enjoy your time on this team, because it's truly a special experience.

I wish I could do it all over again.

(Unfortunately, we were unable to reach Quirk, but we have it on good word that she agrees with her teammates on the above.)

Women's Hockey Sweeps Trinity, But Falls to Ranked Teams

By SEBASTIAN SANCHEZ

The No. 6 women's hockey team split its first four games of the season. They opened up with a weekend sweep of conference rival Trinity on Nov. 17 and 18 at home in Kenyon Arena, then fell by scores of 4–1 to No. 3 Elmira College and 3–2 in OT to No. 4 Adrian at the UNO Classic hosted by Plattsburgh on Nov. 25 and 26.

Katherine Jackson '19 and Jessica Young '18 scored in the first period of their season opener against Trinity for the only scores of the game.

The Panthers scored five minutes into in the opening period when Maddie Winslow '18 took a shot from the left circle that Trinity's goalkeeper denied, but Jackson retrieved the rebound and buried it in the back of the net.

A Trinity penalty three minutes later gave the Panthers a five-on-four advantage. Elizabeth Wulf '18 took a shot from the center of the crease, which Trinity's goalie batted away. Jessica Young '18 followed Wulf's shot, controlled the rebound and slapped it into the back of the net for a power-play goal for the Panthers and, ultimately, the final score of the game.

The Bantams outshot the Panthers 27–25, yet all 27 were turned away by Panther goalie Lin Han '20. Trinity had an opportunity to score in the final minutes of the third period, but their five-on-three advantage was not enough to sneak the puck past Han.

In the second game of the Nescac doubleheader, on Saturday Nov. 18, the guests struck first with 1:17 left in the first period. What started as a two-on-one for Trinity finished as a goal past Han's outstretched pads. This would be Trinity's sole score of the game and weekend, as the Panthers held them in check for the rest of the contest.

Jackson, who scored the previous day, tied the game at the end of the first period when Anna Zumwinkle '20 rocketed a shot toward the goal. Jackson was there to finish the play with just 10.4 seconds left on the clock. The Panthers and Bantams were deadlocked with a goal apiece heading into the intermission.

Nobody scored in the second period, but Middlebury broke through in the first two minutes of the third. Madie Leidt '21 netted her first collegiate goal, one-timing the shot off a pass from Young, who recorded her 100th career point in a Panthers uniform. With 3:24 left on the clock, Winslow and Jackson completed a give-and-go on a two-on-one rush to give the hosts a 3–1 advantage. The Panthers sealed the deal with 30.8 seconds left when Leidt recorded her second score of the game to ice what would be a 4–1 victory. Han had another impressive game, stopping 20 shots, for 47 in total over the weekend.

"It was awesome to finally get to play against another team," said team captain Janka Hlinka '18 after the first-weekend slate. "The excitement and anticipation were building up so we were all amped to play that first weekend. The results of the first weekend against were attributed to just working hard, winning pucks in the corners, and getting shots on net."

Wulf agreed and added to what Hlinka said: "It's a combination of everything. We prepared well going into the game with our systems and worked hard together. Against Trinity we scored some 'garbage' goals, meaning we won pucks in front of the net and found rebounds, so that was a key for us.

"Our goaltending was also very strong. Lin played unreal," said Wulf. "I think it was a combination of capitalizing on our chances and also playing strong defensively, especially on the penalty kill."

On Nov. 24, Panthers headed to Plattsburgh St. to compete in the UNO Classic, playing No. 3 Elmira College in the first round. In the first period, the Soaring Eagles knocked in a power-play goal — the first one allowed by Middlebury all season.

At the 16-minute mark of the second period, Middlebury scored on a power-goal of their own. Winslow found Young for her 100th career point, exactly a week after Young accomplished the feat. Importantly, it also tied the game 1–1.

Elmira was able to grab the lead back, and for good, at the 11-minute mark though. The Panthers allowed two more goals in the third period and finished with a 4–1 loss. Though a tough loss, Han made 31 stops, while the Panthers took 34 shots on goal.

"The Elmira game was tough," said Hlinka. "But we took away from that game that playing out of conference will be more physical. We can definitely play with them. We battled hard, but now we just have to work on capitalizing on our opportunities to put the puck in the net."

The next day, the Panthers looked to bounce back against No. 4 Adrian in the consolation game. Young put Middlebury on top 1–0 with 3:19 remaining in the first period after Zumwinkle won a faceoff and quickly passed her the puck.

The Panthers then scored again one minute into the second period, when Jackson knocked in a rebound after a breakaway attempt by Winslow was denied.

Adrian cut into the lead with a power-play goal with eight minutes left in the second and tied things with only 27 seconds left in the period on another power-play goal.

Neither team was able to score in the third period and the contest went to overtime. However, with 55 seconds left in OT, Adrian took advantage of a five-on-four advantage and scored for the win. All three Adrian goals came on the power-play.

"We had two tough losses this past weekend against two good ranked teams," Wulf said. "The positives were that were worked hard and the effort was there, and we didn't give up.

"What it came down to was winning pucks in front of both nets, and they won more of those battles than we did. It's still very early on in the season, but we need to work on bearing down and capitalizing on our chances, especially against good teams like Elmira and Adrian. Those are the teams we want to play at the end of the year, so we just have to continue getting better every day."

The Panther return to action this weekend when they host Nescac foe Connecticut College for a double-dipper on Friday and Saturday, Dec. 1 and 2. Last season, the two teams split the season series 1–1.

SCOREBOARD

WOMEN'S HOCKEY

FRIDAY
Conn. College at Middlebury, 7 p.m.
SATURDAY
Conn. College at Middlebury, 3 p.m.

NESCAC

School	Record	
	Conf.	Overall
CONN. COLLEGE	2–0–0	2–0–0
HAMILTON	2–0–0	2–2–0
MIDDLEBURY	2–0–0	2–2–0
BOWDOIN	1–0–1	1–0–1
COLBY	0–1–1	1–2–1
AMHERST	0–2–0	2–2–0
TRINITY	0–2–0	2–2–0
WESLEYAN	0–0–0	2–3–0
WILLIAMS	0–2–0	2–2–0

MEN'S HOCKEY

FRIDAY
Middlebury at Conn. College, 7 p.m.
SATURDAY
Middlebury at Tufts, 4 p.m.

NESCAC

School	Record	
	Conf.	Overall
TRINITY	2–0–0	5–0–0
WILLIAMS	2–0–0	3–0–0
BOWDOIN	1–1–0	2–3–0
COLBY	1–1–0	2–2–0
CONN. COLLEGE	1–1–0	1–1–0
AMHERST	0–0–1	2–1–1
HAMILTON	0–0–1	3–0–1
TUFTS	0–1–1	1–3–1
WESLEYAN	0–1–1	1–1–2
MIDDLEBURY	0–2–0	0–4–0

WOMEN'S BASKETBALL

FRIDAY
Middlebury at Colby-Sawyer, 5:30 p.m.
TUESDAY
Plattsburgh at Middlebury, 5:30 p.m.

MEN'S BASKETBALL

TUESDAY
Plattsburgh at Middlebury, 7:30 p.m.

WOMEN'S SQUASH

SATURDAY
Middlebury at Hamilton, 3 p.m.
Middlebury vs. St. Lawrence, 5 p.m.

MEN'S SQUASH

SATURDAY
Middlebury at Hamilton, 3 p.m.

SWIMMING & DIVING

SATURDAY
Middlebury vs. Amherst, 1 p.m.

PANTHERS START OFF HOT

Basketball Teams Win First Four Games

MIDDLEBURY ATHLETIC COMMUNICTATIONS

The men's and women's basketball teams both started off their seasons 4–0. The men's team start included winning its own tournament as well as two road games. The women's team won its first four games by an average of 25 points.

Men's Basketball Wins Middlebury Tournament

By ANDREW RIGAS

The eighth-ranked men's basketball team swept its first four games of the season for the first time in four years, highlighted by winning its own tournament the weekend before Thanksgiving before winning two games on the road over break.

In the first tournament ever hosted by the men's basketball team, the Panthers swamped Fitchburg St. 111–72 on Friday, Nov. 17, and dismissed Wentworth 74–58 on Saturday, Nov. 18, to win the tournament. Then, Middlebury went on the road to beat Johnson St. 84–77 on Tuesday, Nov. 21, and Endicott 78–67 on Sunday, Nov. 26.

Jack Daly '18 led the way for the Panthers in all four wins, averaging 19.5 points, 11.5 rebounds, and 8.8 assists per game so far this season and recording what is believed to be the first triple-double in program history in the season-opener against Fitchburg St.

Middlebury came out firing in their season-opener at home in Pepin Gymnasium on Friday, Nov. 17.

Midway through the first half, the Panthers already held a 36–16 lead over Fitchburg St. And at the end of the first half, Middlebury led 62–27. The team shot 60 percent from the field, including eight of 12 from beyond the arc, and made 18 of 24 free throws, while the Falcons shot only 24 percent from the field.

The second half was much closer as Fitchburg St. shot the ball much better in the second half, but Middlebury was up by enough of a margin that it didn't matter, as they won very comfortably by the final score of 111–72.

Along with Daly's triple-double of 10 points, 15 rebounds and 12 assists, Matt Folger '20 led the Panthers in scoring with 17 on six of nine shooting and Eric McCord '19 added 15 off the bench on a perfect seven of seven from the field. All in all, it was a balanced effort for the Panthers, as five players scored in double digits and every player on the roster played and scored.

As a team, the Panthers shot 56 percent from the field and knocked down 12 of their 23 three point attempts. They also assisted on 27 of their 36 baskets.

"Our motto on offense is 'one more' and that means we make the extra pass to get a great shot instead of a good shot," said Daly of the Panthers' offensive success on Friday. "Our success on offense stems from our passing and everyone's selflessness. No one cares who gets the credit as long as we put the ball in the hoop. We are playing our up-tempo style to get easy points and look to tire the opponents out. It's a lot of fun playing on a team that averages 20 assists per game and people take pride in sharing the ball."

In the championship game of the Middlebury Tournament on Saturday, Nov. 18, Middlebury's offense cooled from its white-hot pace on Friday, but the Panthers still handled Wentworth 74–58 to win the tournament.

Ahead by only one point with 6:19 remaining in the first half, the Panthers rattled off an 11–2 run over the next three minutes to take a 10-point lead, which was where they stood at halftime leading 38–28.

Wentworth cut the lead to seven points twice in the second half but could never get it lower than that, and the Panthers rode to the 74–58 win. Daly helped seal the Middlebury victory with 20 second-half points on seven of eight shooting, on his way to a career-high 25 points. For his efforts, Daly was named the tournament's Most Outstanding Player. Folger joined Daly on the all-tournament team, adding 15 points, nine rebounds, and three blocks on Saturday. Adisa Majors '18 also chipped in 14 points on seven of nine from the field and seven rebounds in the win.

After shooting over 50 percent from three-point range against Fitchburg St., the Panthers made only 29 percent of their three-point attempts against the Leopards. Still, the Panthers shot 50 percent from the field and held Wentworth under 60 points and to 36 percent shooting.

"When the shots aren't falling, we just have to make sure our defense is executing," Daly said. "We gave up under 60 points against Wentworth, so I'm confident that if we can do that then we will win the game. Coach has been preaching that we must bring intensity, energy and passion to the defensive side.

"We can't expect perfection this early in the season, but it's been a great start to the season going 4–0."

After two days off, Middlebury went on the road for its first away game of the season at Johnson St. on Tuesday, Nov. 21. The Badgers went ahead 16–14 7:19 into the first half, but the Panthers went on a 15–0 run over the next six minutes to take a thirteen-point lead. Middlebury's lead grew to as great as 17 points, and the Panthers went into the locker with a 44–27 lead.

The Panthers extended their lead to 21 in the first four minutes of the second half, but then the Badgers started to slowly chip away, cutting Middlebury's lead to as little as eight with just over seven minutes left in the contest. Middlebury responded with a 6–0 spurt, and the lead never fell below 10 until the Badgers hit a shot in garbage time that made the final score 84–77 in Middlebury's favor.

The pair of Daly and Folger led the Panthers once more. Daly tallied 24 points, a career-high 15 rebounds and eight assists, while Folger added 21 points, 12 rebounds, four assists, two blocks and two steals.

Marqwon Wynn kept the Badgers in the contest by scoring a game-high 29 points, including 17 in the second half.

Middlebury aimed to start 4–0 for the first time in four seasons when it took to the court at Endicott on Sunday, Nov. 26. Last season, the Panthers hosted Endicott on the Sunday after Thanksgiving with a 3–0 record too, but fell to the Gulls 93–89. The Panthers got their revenge in the NCAA Tournament Sectional Semifinal, when they routed the Gulls 89–60. Adding to the intrigue, Endicott entered the contest 2–0 after upsetting No. 7 Babson on its home-court two days prior to its matchup with the Panthers.

This time around, Middlebury would not be denied a 4–0 start, fueled by an 11–0 run to end the first half to take a 38–23 lead into the break. The Panthers extended their lead to 20 in the first five minutes of the second half, but once again, Endicott chipped away at their lead until it was just six with over six minutes to go. Middlebury responded with five quick points, and the game never got any closer, ending in a 78–67 road victory for the Panthers.

"The two games against Johnson St. and Endicott were road games and for the new guys that's a tough environment to play in," Daly said. "It's a learning process at this point in the season and I thought they all did a tremendous job in handling themselves and keeping their composure. We expect teams to make runs on their home court, so it's important how we handle those runs and in both games we did a great job of answering. A road win is never easy, so to be 2–0 on the road so far is great."

Daly led the Panthers in scoring with a game-high 19 points and almost had his second triple-double of the season, coming up one rebound and one assist short. Fellow captain Nick Tarantino '18 tallied a season-high 17 points and 10 rebounds, while Hilal Dahleh '19 added a career-high 18 points on six of seven shooting, including 4 of five from three-point range.

Endicott's Keith Brown entered the contest leading the NCAA in scoring with 41.5 ppg, including 45 in the Gulls' upset victory over Babson, but scored only 15 on 5–13 shooting against Middlebury.

"Coach devised a great defensive plan and we executed it perfectly," Daly said. "He had five turnovers, and we limited his touches. The coaching staff put us in a great position to slow him down. The rotations were great which was a crucial part in slowing him down."

Middlebury will return to the court on Tuesday, Dec. 5, when it hosts Plattsburgh St. (0–2) in its final home game before final exams. The two teams last met two seasons ago, when the Panthers defeated the Cardinals 71–49.

Women's Basketball Starts 4–0

By ANDREW RIGAS

The women's basketball team hit the road for its first four games of the season and won all four, taking two wins at the Emerson Tip-Off Classic on Saturday and Sunday, Nov. 18 and 19, then defeating Johnson St. 74–27 on Tuesday, Nov. 21, and Clarkson 53–49 on Sunday, Nov. 26.

Middlebury opened its season at the Emerson Tip-Off Classic against the host, Emerson.

The Panthers jumped out to 10–0 lead and led 23–14 at the end of the first quarter. Thereafter they would only add to their lead by outscoring the Lions 19–5 in the second quarter to take a 43–19 lead into halftime.

Things were relatively even in the second half, and Middlebury easily moved to 1–0 on the season with an 80–55 victory. Sarah Kaufman '18 led the team in scoring with 12 points, while Sabrina Weeks '18 and Lily Kuntz '20 both added ten off the bench.

In their second game of the quasi-round robin tournament, the Panthers shut down Mount Saint Mary, winning its second game 59–34. The Knights shot only 24 percent from the field, only making 10 field goals, while turning the ball over 24 times.

Once again, the Panthers got contributions off the bench as Betsy Knox '20 scored a game-high 12 points. Colleen Caveney '19 added nine en route to being named the classic's Most Outstanding Player.

Next, the Panthers travelled to play at Johnson St. on Tuesday, Nov. 21, where they dominated once more to come away with a 74–27 victory. After the first half, Middlebury led 50–9.

In another balanced effort, Caveney tallied 12 points on four of five shooting in only 11 minutes, and Weeks added 12 points off the bench as well. No Middlebury player saw more than 17 minutes of action in the contest.

The Panthers' competition got much tougher in their final matchup of the four-game slate at Clarkson on Sunday, Nov. 26.

After one quarter, the score was tied at 15, but Middlebury surged ahead, outscoring the Golden Knights by nine points in the second quarter to take a 31–22 lead into the locker room.

Clarkson responded in the third quarter by cutting the lead to two entering the final quarter.

Middlebury went on a 5–0 run to go ahead 47–40, but Clarkson came right back with a 6–0 run of its one to make it a one-point game with 3:39 remaining. The teams traded baskets around the two minute mark, and Middlebury held off Clarkson over the last two minutes to secure a 53–49 victory.

Alex Huffman '19 scored the Panthers' last four points and secured the rebound on Clarkson's three-point attempt that would have tied the game at 52 with 15 seconds left.

No Panther scored in double figures, but 10 chipped in with Maya Davis '20 and Catherine Harrison '19 leading the way with eight points.

Neither team shot particularly well, as the Panthers finished at 31 percent from the field and the Golden Knights at 24 percent.

Middlebury will return to action when it travels to Colby-Sawyer on Friday, Dec. 1. They return home to play Plattsburgh St. on Tuesday, Dec. 5.

MIKE BORENSTEIN

Alex Huffman '19 and the women's basketball team went on the road to win its first four games of the season.